

Sonnet 7: Fayre eyes

Tuesday, January 29, 1594

Morning Prayer: Psa 139-41; Exo 4; Mat 26

Evening Prayer: Psa 142-3; Exo 5; 1Co 10

Morning Prayer: Psalms 139-41

P S A L. C X X X I X.

¶ To him that excelleth. A Psalm of Dauid.

- O** Lord, thou hast tryed me and knowen *me*.
- 2 Thou knowest my sitting & my rising: thou vnderstandest my thocht a farreof.
- 3 Thou compassest my paths, and my lying downe, and art accustomed to all my waies.
- 4 For there is not a worde in my tongue, *but* lo, thou knowest it wholly, ô Lord.
- 5 Thou holdest mee strait behinde and before, and laiest thine hand vpon me.
- 6 *Thy* knowledge is to wonderful for me: it is so high that I can not *atteine* vnto it.
- 7 Whether shal I go from thy Spirit? or whther shal I flee from thy presence?
- 8 If I ascend into heauen, thou art there: if I lie downe in hel, thou art there.
- 9 Let mee take the wings of the morning, & dwell in the vttermost partes of the sea:
- 10 Yet thether shal thine hand lead me, & thy right hand holde me.
- 11 If I saie, Yet the darkenes shal hide me, euen the night *shalbe* light about me.

- 12 Yea, the darkenes hideth not from thee: but the night shineth as the daie: the darkenes and light are bothe alike.
- 13 For thou hast possessed my reines: thou hast couered me in my mothers wombe.
- 14 I wil praise thee, for I am fearfully & wonderously made: maruelous *are* thy workes, and my soule knoweth it wel.
- 15 My bones are not hid from thee, thogh I was made in a secret *place*, and facioned beneth in the earth.
- 16 Thine eyes did se me, when I was without forme: for in thy boke were all things writen, *which* in continuance were facioned, when there was none of them *before*.
- 17 Howe dere therefore are thy thoghtes vnto me, ô God! how great is the summe of them!
- 18 If I shulde counte them, thei are mo then the sand: when I wake, I am stil with thee.
- 19 Oh that thou woldest slay, ô God, the wicked and bloodie men, *to whome I saie*, Departe ye from me:
- 20 Which speake wickedly of thee, & being thine enemies are lifted vp in vaine.
- 21 Do not I hate them, ô Lord, that hate thee? and do not I earnestly contend with those that rise vp against thee?
- 22 I hate them with an vnfained hatred, as they were mine *vtter* enemies.
- 23 Trye me, ô God, and knowe mine heart: proue me and knowe my thoghts,
- 24 And consider if there be anie waie of wickednes in me, and lead me in the waie for euer.

P S A L. C X L.

¶ *To him that excelleth. A Psalm of Dauid.*

Deliver me, ô Lord, from the euil man: preserue me from the
cruel man:

- 2 Which imagine euil things in *their* heart, & make warre continually.
- 3 They haue sharpened their tongues like a serpent: adders poyson *is* vnder their lippes. Selah.
- 4 Kepe me, ô Lord, from the hands of the wicked: preserue me from the cruel man, which purposeth to cause my steppes to slide.
- 5 The proude haue laid a snare for me, & spred a net with cordes in my pathwaie, & set grennes for me. Selah.
- 6 *Therefore* I said vnto the Lord, Thou art my God: heare, ô Lord, the voice of my praiers.
- 7 O Lord God the strength of my saluacion, thou hast couered mine head in the daie of battel.
- 8 Let not the wicked haue his desire, ô Lord: performe not his wicked thought, *lest* thei be proude. Selah.
- 9 *As for* the chief of them, that compasse me about, let the mischief of their owne lippes come vpon them.
- 10 Let coles fall vpon them: let him cast them into the fyre, & into the depe pittes, that thei rise not.
- 11 *For* the backbiters shal not be established vpon the earth: euil shal hunt the cruel man to destruction.
- 12 I knowe that the Lord will auenge the afflicted, & iudge the poore.
- 13 Surely the righteous shal praise thy Name, & the iust shal dwell in thy presence.

P S A L. C X L I.

¶ *A Psalm of Dauid.*

O Lord, I call vpon thee: haste thee vnto me: hear my voyce,
when I crye vnto thee.

- 2 Let my praier be directed in thy sight *as* incense, & the lifting vp of mine hands *as* an euening sacrifice.
- 3 Set a watche, ô Lord, before my mouth, & kepe the dore of my lippes.
- 4 Incline not mine heart to euil, that I shulde commit wicked workes with men that worke iniquitie: and let me not eat of their delicates.
- 5 Let the righteous smite me: *for that is* a benefite: & let him reprove me, & *it shalbe* a precious oyle, that shal not breake mine head: for within a while I shal euen praie in their miseries.
- 6 When their iudges shalbe cast downe in stonie places, thei shal heare my wordes, for thei are swete.
- 7 Our bones lie scattered at the graues mouth, as he that heweth *wood* or diggeth in the earth.
- 8 But mine eyes loke vnto thee, ô Lord God: in thee is my trust: leaue not my soule destitute.
- 9 Kepe me from the snare, *which* thei haue laid for me, and from the grennes of the workers of iniquitie.
- 10 Let the wicked fall into his nettes together, whiles I escape.

Morning Prayer – 1st Lesson: Exodus 4

C H A P. I I I I.

THen Moses answered, and said, But lo, thei wil not beleue me, nor hearken vnto my voyce, for thei wil say, The Lord hathe not appeared vnto thee.

- 2 And the Lord said vnto him, What is that in thine hand? And he answered, A rod.
- 3 Then said he, Cast it on the grounde. So he cast it on the grounde, and it was *turned* into a serpent: and Moses fled from it.

4 Againe the Lorde said vnto Moses, Put forthe thine hand, and take it by the taile. Then he put forthe his hand and caught it, and it was *turned* into a rod in his hand.

5 *Do this* that they may beleue, that the Lord God of their fathers, the God of Abraham, the God of Izhak, and the God of Iaakob hathe appeared vnto thee.

6 And the Lord saide furthermore vnto him, Thrust now thine hand into thy bosome. And he thrust his hand into his bosome, and when he toke it out *again*e, beholde, his hand was leprous as snowe.

7 Moreouer he said, Put thine hand into thy bosome againe. So he put his hande into his bosome againe, & pluckt it out of his bosome, and behold, it was turned againe as his *other* flesh.

8 So shal it be, if thei wil not beleue thee, nether obey the voyce of the first signe, yet shal they beleue for the voyce of the seconde signe.

9 But if thei wil not yet beleue these two signes, nether obey vnto thy voyce, then shalt thou take of the water of the riuier, and powre it vpon the drye land: so the water which thou shalt take out of the riuier, shalbe *turned* to blood vpon the drye land.

10 ¶ But Moses said vnto the Lord, Oh my Lord, I am not eloquent, nether at any time *haue bene*, nor yet since thou haste spoken vnto thy seruant: but I am slow of speache and slow of tongue.

11 Then the Lord said vnto him, Who hathe giuen the mouth to man? or who hathe made the domme, or the deafe, or him that seeth, or the blinde? haue not I the Lord?

12 Therefore go now, and I will be with thy mouth, and wil teache thee what thou shalt say.

13 But he said, Oh my Lord, send, I pray thee, by the hand *of him*, whome thou shuldest send.

14 Then the Lord was very angry with Moses, and said, Do not I knowe Aaron thy brother the Leuite, that he him selfe shall speake? for lo, he commeth also forthe to mete thee, and when he seeth thee, he wilbe glad in his heart.

15 Therefore thou shalt speake vnto him, & put these wordes in his mouth, and I wilbe with thy mouth, and with his mouth, and wil teache you what ye oght to do.

16 And he shalbe thy spokesman vnto the people: he shalbe, *euen* he shalbe as thy mouth, & thou shalt be to him as God.

17 Moreouer thou shalt take this rod in thine hand, wherewith thou shalt do miracles.

18 ¶ Therefore Moses went and returned to Iethro his father in lawe, & said vnto him, I pray thee, let me go, and returne to my brethren, which are in Egypt, and se whether they be yet aliue. Then Iethro said to Moses, Go in peace.

19 (For the Lord had said vnto Moses in Midian, Go, returne to Egypt: for thei are all dead which went about to kil thee)

20 Then Moses toke his wife, and his sonnes, and put them on an asse, and returned towarde the land of Egypt, & Moses toke the rod of God in his hand.

21 And the Lord said vnto Moses, When thou art entred and come into Egypt againe, see that thou do all the wonders before Pharaoh, which I haue put in thine hand: but I wil harden his heart, and he shal not let the people go.

22 Then thou shalt say to Pharaoh, Thus saith the Lorde, Israel *is* my sonne, *euen* my first borne.

23 Wherefore I say to thee, Let my sonne go, that he may serue me: if thou refuse to let him go, beholde, I wil slay thy sonne, *euen* thy first borne.

24 ¶ And as he was by the waye in the ynne, the Lord met him, and wolde haue killed him.

25 Then Zipporah toke a sharpe knife, and cut away the fore skinne of her sonne, and cast it at his fete, and said, Thou art in dede a bloodie housband vnto me.

26 So he departed from him. Then she said, O bloodie housband (because of the circumcision)

27 ¶ Then the Lord saide vnto Aaron, Go mete Moses in the wildernes. And he went and met him in the Mount of God, and kissed him.

28 Then Moses tolde Aaron all the wordes of the Lord, who had sent him, and all the signes wherewith he had charged him.

29 ¶ So went Moses and Aaron, & gathered all the Elders of the children of Israel.

30 And Aaron tolde all the wordes, which the Lord had spoken vnto Moses, and he did the miracles in the sight of the people,

31 And the people beleued, and when they heard that the Lord had visited the children of Israel, and had loked vpon their tribulacion, they bowed downe, & worshipped.

Morning Prayer - 2nd Lesson: Matthew 26

C H A P. X X V I.

ANd it came to passe, when Iesus had finished all these sayings, he said vnto his disciples,

2 Ye knowv that after two dayes is the Passeouer, and the Sonne of man shalbe deliuered to be crucified.

3 Then assembled together the chiefe Priests, and the Scribes, and the Elders of ye people into the hall of the high Priest, called Caiaphas:

4 And consulted together that they might take Iesus by subiltie, and kill him.

5 But they said, Not on the feast *day*, lest any vprere be among the people.

6 ¶ And when Iesus was in Bethania, in the house of Simon the leper,

7 There came vnto him a woman, which had a boxe of very costelie ointment, & powred it on his head, as he sate at the table.

8 And when his disciples sawe it, thei had indignation, saying, What neded this waste?

9 For this ointment might haue bene solde for muche, and bene giuen to the poore.

10 And Iesus knowing it, said vnto them, Why trouble ye the woman? for she hathe wrought a good woorke vpon me.

11 For ye haue the poore alwayes with you, but me shal ye not haue alwayes.

12 For in that she powred this oyntment on my bodie, she did it to burye me.

13 Verely I say vnto you, wheresoeuer this Gospel shalbe preached throughout all the worlde, there shal also this that she hathe done, be spoken of for a memorial of her.

14 ¶ Then one of the twelue, called Iudas Iscariot, went vnto the chief Priests,

15 And said, What wil ye giue me, and I wil deliuer him vnto you? and they appointed vnto him thirtie *pieces* of siluer.

16 And from that time, he soght opportunitie to betraye him.

17 ¶ Nowe on the first *day* of the feast of vnleauened bread the disciples came to Iesus, saying vnto him, Where wilt thou that we prepare for thee to eate the Passeouer?

18 And he said, Go into the citie to suche a man, & say to him, The master saith, My time is at hand: I wil kepe the Passeouer at thine house with my disciples.

19 And the disciples did as Iesus had giuen them charge, and made ready the Passeouer.

20 So when the euen was come, he sate downe with the twelue.

21 And as they did eat, he said, Verely I say vnto you, that one of you shal betraye me.

22 And they were exceading sorowful, and began euerie one of them to say vnto him, Is it I, Master?

23 And hee answered and said, He that dippeth his hand with me in the dish, he shal betraye me.

24 Surely the Sonne of man goeth his way, as it is written of him: but wo *be* to that man, by whome the Sonne of man is betrayed: it had bene good for that man, if he had neuer bene borne.

25 Then Iudas which betrayed him, answered and said, Is it I, Master? He said vnto him, Thou hast said it.

26 ¶ And as they did eate, Iesus toke the bread: and when he had giuen thanks, he brake it, and gaue it to the disciples, and said, Take, eat: this is my bodie.

27 Also he tooke the cup, and when he had giuen thanks, he gaue it them, saying, Drinke ye all of it.

28 For this is my blood of the Newe testament, that is shed for manie, for the remission of sinnes.

29 I say vnto you, that I wil not drinke hence forthe of this frute of the vine vntil that day, when I shal drinke it newe with you in my Fathers kingdome.

30 And when they had sung a psalme, they went out into the mount of oliues.

31 ¶ Then said Iesus vnto them, All ye shal be offended by me this night: for it is written, I wil smite the shepherd, and the shepe of the flocke shalbe scattred.

32 But after I am risen againe, I wil go before you into Galile.

33 But Peter answered, and said vnto him, Thogh that all men shulde be offended by thee, yet wil I neuer be offended.

34 Iesus said vnto him, Verely I say vnto thee, that this night, before the cocke crowe, thou shalt denie me thrise.

35 Peter said vnto him, Thogh I shulde dye with thee, yet wil I not denie thee. Likewise also said all the disciples.

36 ¶ Then went Iesus with them into a place which is called Gethsemane, and said vnto his disciples, Sit ye here, while I go, and pray yonder.

37 And he toke Peter, and the two sonnes of Zebedeus, and began to waxe sorrowful, and grievously troubled.

38 Then said Iesus vnto them, My soul is verie heauie, *euen* vnto the death: tarie ye here, and watche with me.

39 So he went a litle further, and fel on his face, and prayed, saying, O my Father, if it be possible, let this cup passe from me: neuertheles, not as I will, but as thou wilt.

40 After he came vnto the disciples, and founde them a slepe, & said to Peter, What? colde ye not watche with me one houre?

41 Watch, and pray, that ye enter not into tentation: the spirit in dede is readie, but the flesh is weake.

42 Againe he went away the seconde time & prayed, saying, O my Father, if this cup can not passe away from me, but that I must drinke it, thy wil be done.

43 And he came, and founde them a slepe againe: for their eyes were heauie.

44 So he left them and went away againe, and prayed the third time, saying the same wordes.

45 Then came he to his disciples, and said vnto them, Slepe henceforthe, and take your rest: beholde, the houre is at hand, and the Sonne of man is giuen into the hands of sinners.

46 Rise, let vs go: beholde, he is at hand that betrayeth me.

47 And while he yet spake, lo, Judas, one of the twelue, came, and with him a great multitude with swordes and staues, from the high Priests and Elders of the people.

48 Now he that betrayed him, had giuen them a token, saying, Whomesoeuer I shal kisse, that is he, lay holde on him.

49 And forthwith he came to Iesus, and said, God saue thee, Master, & kissed him.

50 Then Iesus said vnto him, Friend, wherefore art thou come? Then came they, and laid hands on Iesus, and toke him.

51 And beholde, one of them which were with Iesus, stretched out *his* hand, & drewe his sworde, and stroke a seruaunt of the high Priest, and smote of his eare.

52 Then said Iesus vnto him, Put vp thy sworde into his place: for all that take the sworde, shal perish with the sworde.

53 Ether thinkest thou, that I can not now pray to my Father, and he wil giue me mo then twelue legions of Angels?

54 How then shulde the Scriptures bee fulfilled, *which say*, that it must be so?

55 The same houre said Iesus to the multitude, Ye be come out as *it were* against a thief, with swordes and staues, to take me: I sate daily teaching in the Temple among you, and ye toke me not.

56 But all this was done, that the Scriptures of the Prophets might be fulfilled. Then all the disciples forsoke him, and fled.

57 ¶ And they toke Iesus, and led him to Caiaphas the hie Priest, where the Scribes and the Elders were assembled.

58 And Peter followed him a farre of vnto the hie Priests hall, and went in, & sate with the seruants to se the end.

59 Now the chief Priests & the Elders, and all the whole council soght false witnes against Iesus, to put him to death.

60 But they founde none, and thogh many false witnesses came, yet founde they none: but at the last came two false witnesses,

61 And said, This man said, I can destroy the Temple of God, and buyld it in thre dayes.

62 Then the chief Priest arose, and said to him, Answerest thou nothing? What is the matter that these men witnes against thee?

63 But Iesus helde his peace. Then the chief Priest answered, and said to him, I charge thee by the liuing God, that thou tell vs, if thou be the Christ the Sonne of God.

64 Iesus said to him, Thou hast said it: neuertheles I say vnto you, hereafter shal ye se the Sonne of man, sitting at the right hand of the power of *God*, and come in the cloudes of the heauen.

65 Then the hie Priest rent his clothes, saying, He hathe blasphemed: what haue we any more nede of witnesses? beholde, now ye haue heard his blasphemie.

66 What thinke ye? They answered, & said, He is worthie to dye.

67 Then spat they in his face, and buffeted him: and other smote him with their roddes,

68 Saying, Prophecie to vs, ô Christ, Who is he that smote thee?

69 ¶ Peter sate without in the hall: & a maide came to him, saying, Thou also wast with Iesus of Galile.

70 But hee denied before them all, saying, I wot not what thou saist.

71 And when hee went out into the porche, another *maide* sawe him, and said vnto them that were there, This man was also with Iesus of Nazaret.

72 And againe he denied with an othe, saying, I knowe not the man.

73 So after a while, came vnto him thei that stode by, and said vnto Peter, Surely thou art also one of them: for euen thy speache bewrayeth thee.

74 Then began hee to curse *him self*, and to sweare, saying, I knowe not the man. And immediatly the cocke crewe.

75 Then Peter remembered the wordes of Iesus, which had said vnto him, Before the cocke crowe, thou shalt deny me thrise. So he went out, and wept bitterly.

Evening Prayer: Psalms 142-143

PSAL. CXLII.

¶ *A Psalme of Dauid, to giue instruction, & a prayer, when he was in the caue.*

I Cryed vnto the Lord with my voyce: with my voyce I praied vnto the Lord.

2 I powred out my meditacion before him, & declared mine affliction in his presence.

3 Thogh my spirit was in perplexitie in me, yet thou knewest my path: in the waie, wherein I walked, haue thei prively laied a snare for me.

4 I looked vpon my right hand, & behelde, but there was none that wolde knowe me: all refuge failed me, & none cared for my soule.

5 *Then* cryed I vnto thee, ô Lord, & said, Thou art mine hope, & my porcion in the land of the liuing.

6 Hearken vnto my crye, for I am broght verie lowe: deliuer me from my persecuters, for thei are too strong for me.

7 Bring my soule out of prison, that I maie praise thy Name: *then* shall the righteous come about me, when thou art beneficial vnto me.

PSAL. CXLIII.

¶ *A Psalme of David.*

HEare my praier, ô Lord, & hearken vnto my supplicacion: answer me in thy trueth & in thy righteousnes.

- 2 (And enter not into iudgement with thy seruant: for in thy sight shal none that liueth, be iustified)
- 3 For the enemie hathe persecuted my soule: he hathe smiten my life downe to the earth: he hathe laied me in the darknes, as they that haue bene dead long ago:
- 4 And my spirit was in perplexitie in me, & mine heart within me was amased.
- 5 *Yet* do I remember the time past: I meditate in all thy workes.*yea*, I do meditate in the workes of thine hands.
- 6 I stretche forth mine hands vnto thee: my soule desireth after thee, as the thirstie land. Selah.
- 7 Hear me spedely, ô Lord, *for* my spirit fealeth: hide not thy face from me, els I shalbe like vnto them that go downe into the pit.
- 8 Let me heare thy loving kindenes in the morning, for in thee is my trust: shewe me the waie, that I shulde walke in, for I lift vp my soule vnto thee.
- 9 Deliuer me, ô Lord, from mine enemies: *for* I hid me with thee.
- 10 Teache me to do thy wil, for thou art my God: let thy good Spirit lead me vnto the land of righteousnes.
- 11 Quicken me, ô Lord, for thy Names sake, & for thy righteousnes bring my soule out of trouble.
- 12 And for thy mercie slay mine enemies, and destroie all them that oppresse my soule: for I am thy seruant.

Evening Prayer – 1st Lesson: Exodus 5

C H A P. V.

Then afterward Moses & Aaron went & said to Pharaoh, Thus saith the Lord God of Israel, Let my people go, that they maie celebrate a feast vnto me in the wildernes.

2 And Pharaoh said, Who is the Lord, that I shulde heare his voyce, & let Israel go? I knowe not the Lord, nether wil I let Israel go.

3 And they said, We worship the God of the Ebrewes: we pray thee, suffre vs to go thre daies iournei in the desert and sacrifice vnto the Lord our God, lest he bring vpon vs the pestilence or sworde.

4 Then said the King of Egypt vnto them, Moses & Aaron, why cause ye the people to cease from their workes? get you to your burdens.

5 Pharaoh said furthermore, Beholde, muche people *is* now in the land, & ye make them leaue their burdens.

6 Therefore Pharaoh gaue commandement the same day vnto the taskemasters of the people, and to their officers, saying,

7 Ye shall giue the people no more strawe, to make bricke (as in time past) *but* let them go and gather them strawe them selues:

8 Notwithstanding lay vpon them the nombre of bricke, which they made in time past, diminish nothing thereof: for they be idle, therefore they crye, saying, Let vs go to offre sacrifice vnto our God.

9 Lay more worke vpon the men, & cause them to do it, and let them not regarde vaine wordes.

10 Then went the taskemasters of the people & their officers out, and tolde the people, saying, Thus saith Pharaoh, I wil giue you no more straw.

11 Go your selues, get you straw where ye can finde it, yet shal nothing of your labour bee diminished.

12 Then were the people scatred abrode throughout all the land of Egypt, for to gather stubble in stede of straw.

13 And the taskemasters hasted them, saying, Finish your dayes worke euerie dayes taske, as ye *did* when ye had straw.

14 And the officers of the children of Israel, which Pharaohs taskemasters had set ouer them, were beaten, and demanded, Wherefore haue ye not fulfilled your taske in making bricke yesterday and to day, as in times past?

15 Then the officers of the children of Israel came, & cryed vnto Pharaoh, saying, Wherefore dealest thou thus with thy seruants?

16 There is no strawe giuen to thy seruants, and they say vnto vs, Make bricke: and lo, thy seruants are beaten, and thy people is blamed.

17 But he said, Ye are to mucche idle: therefore ye say, Let vs go to offre sacrifice to the Lord.

18 Go therefore now & worke: for there shal no straw be giuen you, yet shall ye deliuer the whole tale of bricke.

19 Then the officers of the children of Israel sawe them selues in an euil case, because it was saide, Ye shal diminish nothing of your bricke, *nor* of euerie daies taske,

20 ¶ And they met Moses & Aaron, which stode in their way as they came out from Pharaoh,

21 To whome they said, The Lord loke vpon you and iudge: for ye haue made our sauour to stincke before Pharaoh and before his seruants, in that ye haue put a sworde in their hand to slay vs.

22 Wherefore Moses returned to th Lorde, and said, Lorde, why hast thou afflicted this people? wherefore hast thou thus sent me?

23 For since I came to Pharaoh to speake in thy Name, he hathe vexed this people, and yet thou hast not deliuered thy people.

Evening Prayer – 2nd Lesson: 1Corinthians 10

C H A P. X.

MOreouer, brethren, I wolde not that ye shulde be ignorant, that all our fathers were vnder the cloude, and all passed

through the sea,

2 And were all baptized vnto Moses, in the cloude, and in the sea,

3 And did all eat the same spiritual meat,

4 And did all drinke the same spirituall drinke (for they dranke of the spiritual Rocke that followed them: and the Rocke was Christ)

5 But with many of them God was not pleased: for they were ouerthrowen in the wildernes.

6 Now these things are ensamples to vs, to the intent that we shulde not lust after euil things as they also lusted.

7 Nether be ye idolaters as *were* some of them, as it is written, The people sate downe to eat and drinke, and rose vp to playe.

8 Neither let vs commit fornication, as some of them committed fornication, and fel in one day three & twentie thousand.

9 Nether let vs tempt Christ, as some of them also tempted *him*, and were destroyed of serpents.

10 Nether murmure ye, as some of them also murmured, and were destroyed of the destroyer.

11 Nowe all these things came vnto them for ensamples, and were written to admonish vs, vpon whome the ends of the worlde are come.

12 Wherefore, let him that thinketh he standeth, take hede lest he fall.

13 There hathe no tentation taken you, but suche as appertaineth to man: and God is faithful, which will not suffer you to be tempted aboue that you be able, but wil euen giue the yssue with the tentation, that ye may be able to beare it.

14 Wherefore my beloued, flee from idolatrie.

15 I speake as vnto them which haue vnderstanding: iudge ye what I say.

16 The cuppe of blessing which we blesse, is it not the communion of the blood of Christ? The bread which we breake, is it not the communion of the bodie of Christ?

17 For we that are many, are one bread & one bodie, because we all are partakers of one bread.

18 Beholde Israel, *which is* after the flesh: are not they which eat of the sacrifices partakers of the altar?

19 What say I then? that the idole is any thing? or that that which is sacrificed to idoles, is any thing?

20 Nay, but that these things which the Gentiles sacrifice, they sacrifice to deuils, and not vnto God: and I wolde not that ye shulde haue felowshippe with the deuils.

21 Ye can not drinke the cup of the Lord, and the cup of the deuils. Ye can not be partakers of the Lords table, and of the table of deuils.

22 Do we prouoke the Lord to anger? are we stronger then he?

23 All things are lawful for me, but all things are not expedient: all things are lawful for me, but all things edifie not.

24 Let no man seke his owne, but euerie man anothers wealth.

25 Whatsoeuer is solde in the shambles, eat ye, & aske no question for conscience sake.

26 For the earth *is* the Lords, and all that therein is.

27 If any of them which beleue not, call you *to a feast*, and if ye wil go, whatsoeuer is set before you, eat, asking no question for conscience sake.

28 But if any man say vnto you, This is sacrificed vnto idoles, eat it not, because of him that shewed it, and for the conscience (for the earth *is* the Lords, and all that therein is)

29 And the conscience I say, not thine, but of that other: for why shulde my libertie be condemned of another mans conscience?

30 For if I through *Gods* benefite be partaker, why am I euil
spoken of, for that wherefore I giue thanks?

31 Whether therefore ye eat or drinke, or whatsoeuer ye do, do all
to the glorie of God.

32 Giue none offence, nether to the Iewes, nor to the Grecians,
nor to the Church of God:

33 Euen as I please all men in all things, not seking mine owne
profite, but *the profite* of many, that they might be saued.

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