

Sonnet 6: Be nought dismayd

Monday, January 28, 1594

Morning Prayer: Psa 132-5; Exo 2; Mat 25

Evening Prayer: Psa 136-38; Exo 3; 1Co 9

Morning Prayer: Psalms 132-135

P S A L. C X X X I I.

¶ *A song of degrees.*

Lord, remember Daudid with all his affliction.
2 Who sware vnto the Lord, & vowed vnto the mightie *God*
of Iaakob, *saying*,
3 I wil not enter into the tabernacle of mine house, nor come vpon
my palet *or* bed,
4 Nor suffer mine eyes to slepe, nor mine eye lids to slumber,
5 Vntil I finde out a place for the Lord, an habitacion for the
mightie *God* of Iaakob.
6 Lo, we heard of it in Ephrathah, & found it in the fields of the
forest.
7 We will entre into his Tabernacles, *and* worship before his
fotestole.
8 Arise, ô Lord, *to come* into thy rest, thou, and the Arke of thy
strength.
9 Let thy Priests be clothed with righteousnes, and let thy Saintes
reioyce.
10 For thy seruant Dauids sake refuse not the face of thine
Anointed.
11 The Lord hathe sworne in trueth vnto Daudid, and he wil not
shrinke from it, *saying*, Of the frute of thy bodie will I set vpon thy
throne.

12 If thy sonnes kepe my couenant, and my testimonies, that I
shal teache them, their sonnes also shal sit vpon thy throne for
euer.

13 For the Lord hathe chosen Zion, & loued to dwell in it, *saying*,

14 This is my rest for euer: here wil I dwell, for I haue a delite
therein.

15 I will surely blesse her vitailles, & will satisfie her poore with
bread,

16 And will clothe her Priests with saluacion, and her Saintes shal
showte for ioye.

17 There wil I make the horne of Daud to bud: *for* I haue
ordeined a light for mine Anointed.

18 His enemies wil I clothe with shame, but on him his crowne
shal florish.

P S A L. C X X X I I I.

¶ *A song of degrees or Psalm of Daud.*

BEhold, how good and how comelie a thing it is, brethren to
dwell euen together.

2 *It is* like to the precious ointment vpon the head, that runneth
downe vpon the beard, *euen* vnto Aarons beard, which went downe
on the border of his garments:

3 *And* as the dewe of Hermon, which falleth vpon the mountaines
of Zion: for there the Lord appointed the blessing & life for euer.

P S A L. C X X X I I I I.

¶ *A song of degrees.*

BEholde, praise ye the Lord, all ye servants of the Lord, ye
that by night stand in the House of the Lord.

2 Lift vp your hands to the Sanctuarie, & praise the Lord.

3 The Lord, that hathe made heauen and earth, blesse thee out of Zion.

P S A L. C X X X V.

¶ *Praise ye the Lord.*

PRaise the Name of the Lord: ye seruants of the Lord, praise *him.*

2 Ye that stand in the House of the Lord, & in the courtes of the House of our God,

3 Praise ye the Lord: for the Lord is good: sing praises vnto his Name: for it is a comelie thing.

4 For the Lord hathe chosen Iakob to him selfe, *and* Israel for his chief treasure.

5 For I knowe that the Lord *is* great, and that our Lord *is* aboute all gods.

6 Whatsoever pleased the Lord, that did he in heauen and in earth, in the sea, & in all the depths.

7 He bringeth vp the cloudes fro the ends of the earth, and maketh the lightnings with the raine: he draweth forthe the winde out of his treasures.

8 He smote the first borne of Egypt bothe of man and beast.

9 He hathe sent tokens and wonders into the middes of thee, ô Egypt, vpon Pharaoh, and vpon all his seruants.

10 He smote manie nacions, and slew mightie Kings:

11 As Sihon King of the Amorites, and Og King of Bashan, and all the kingdomes of Canaan:

12 And gaue their lande for an inheritance, *euen* an inheritance vnto Israel his people.

13 Thy Name, ô Lord, *endureth* for euer: ô Lord, thy remembrance *is* from generation to gen ration.

- 14 For the Lord wil iudge his people, and be pacified towards his seruants.
- 15 The idoles of the heathen *are* siluer & golde, euen the worke of mens hands.
- 16 They haue a mouth, & speake not: thei haue eyes and se not.
- 17 Thei haue eares and heare not, nether is there anie breath in their mouth.
- 18 Thei that make them, are like vnto them: *so are* all that trust in them.
- 19 Praise the Lord, ye house of Israel: praise the Lord, ye house of Aaron.
- 20 Praise the Lord, ye house of Leui: ye that feare the Lord, praise the Lord.
- 21 Praised *be* the Lord out of Zion, which dwelleth in Ierusalem. Praise ye the Lord.

Morning Prayer - 1st Lesson: Exodus 2

C H A P. II.

THen there went a man of the house of Leui, & toke *to wife* a daughter of Leui,

- 2 And the woman coceiued & bare a sonne: & when she sawe that he was faire, she hid him thre moneths.
- 3 But when she colde no longer hide him, she toke for him an arke *made* of rede, and daubed it with slime & with pitch, & laid the childe therein, & put *it* among the bulrushes by the riuier brinke.
- 4 Now his sister stode a far of, to wit what wolde come of him.
- 5 ¶ Then the daughter of Pharaoh came downe to wash her in the riuier, and her maidens walked by the riuers side: & when she sawe the arke among the bulrushes, she sent her maid to fet it.

6 Then she opened it, and sawe it was a childe: and beholde, the babe wept: so she had compassion on it, and said, This is one of the Ebrewes children.

7 Then said his sister vnto Pharaohs daughter, Shal I go & call vnto thee a nurce of the Ebrew women to nurce thee the childe?

8 And Pharaohs daughter said to her, Go. So the maid went and called the childes mother.

9 To whome Pharaohs daughter said, Take this childe away, and nurce it for me, & I wil rewarde thee. Then the woman tooke the childe and nurced him

10 Now the childe grewe, and she broght him vnto Pharaohs daughter, & he was as her sonne, and she called his name Moses, because, said she, I drewe him out of the water.

11 ¶ And in those dayes, when Moses was growen, he went forthe vnto his brethren, and looked on their burdens: also he sawe an Egyptian smiting an Ebrewe one of his brethren.

12 And he loked rounde about, & when he sawe no man, he slew the Egyptian, and hid him in the sand.

13 Againe he came forthe the seconde day, and beholde, two Ebrewes stroue: and he said vnto him that did the wrong, Wherefore smitest thou thy felowe?

14 And he answered, Who made thee a man of authoritie, & a iudge ouer vs? Thinkest thou to kil me, as thou killedst the Egyptian? Then Moses feared and said, Certainly this thing is knowen.

15 Now Pharaoh heard this matter, & soght to slay Moses: therefore Moses fled from Pharaoh, and dwelt in the la[n]d of Midian, and he sate downe by a well.

16 And the Priest of Midian had seuen daughters, which came and drewe *water*, and filled the troghes, for to water their fathers shepe.

- 17 Then the shepherdes came and droue them away: but Moses rose vp and defended them, an watered their shepe.
- 18 And when they came to Reuel their father, he said, How are ye come so sone to day?
- 19 And they said, A man of Egypt deliuered vs from the hand of the shepherdes, & also drew vs water ynough, and watered the shepe.
- 20 Then he said vnto his daughters, And where is he? why haue ye so left the man? call him that he may eat bread.
- 21 And Moses agreed to dwel with the man: who gaue vnto Moses Zipporah his daughter:
- 22 And she bare a sonne, whose name he called Gershom: for he said, I haue bene a stranger in a strange land.
- 23 ¶ Then in processe of time, the King of Egypt dyed, & the children of Israel sighed for the bondage and cryed: & their crye for the bondage came vp vnto God.
- 24 Then God heard their mone, and God remembred his couenant with Abraham, Izhak, and Iaakob.
- 25 So God loked vpon the children of Israel, and God had respect vnto them.

Morning Prayer - 2nd Lesson: Matthew 25

C H A P. X X V.

THen the kingdome of heauen shalbe likened vnto ten virgins, which toke their lampes and went forth to mete the bridegrome.

- 2 And fiue of them were wise, & fiue foolish.
- 3 The foolish toke their lampes, but toke none oyle with them.
- 4 But the wise toke oyle in their vessels with their lampes.
- 5 Now while the bridegrome taryed long, all slombred and slept.

6 And at midnight there was a crye made, Beholde, the bridegrome commeth: go out to mete him.

7 Then all those virgins arose, & trimmed their lampes.

8 And the foolish said to the wise, Giue vs of your oyle, for our lampes are out.

9 But the wise answered, saying, *We feare* lest there will not be ynough for vs & you: but go ye rather to them that sel, and bie for your selues.

10 And while they went to bie, the bridegrome came: & they that were readie, went in with him to the wedding, and the gate was shut.

11 Afterwardes came also the other virgins, saying, Lord, Lord, open to vs.

12 But he answered, and said, Verely I say vnto you, I knowe you not.

13 Watche therefore: for ye knowe nether the day, nor the houre, when the Sonne of man wil come.

14 For *the kingdome of heauen is* as a man that going into a strange countrey, called his seruants, and deliuered to them his goods.

15 And vnto one he gaue fiue talents, and to another two, & to another one, to euerie man after his owne habilitie, & straight way went from home.

16 Then he that had receiued the fiue talents, went and occupied with them, and gained other fiue talents.

17 Likewise also, he that *receiued* two, he also gained other two.

18 But he that receiued that one, went & digged it in the earth, & hid his masters money.

19 But after a long season, the master of those seruants came, and rekened with them.

20 Then came he that had receiued fiue talents, and broght other fiue talents, saying, Master, thou deliueredst vnto me fiue talents: beholde, I haue gained with them other fiue talents.

21 Then his master saide vnto him, It is wel done good seruant and faithful, Thou hast bene faithful in litle, I wil make thee ruler ouer much: enter into thy masters ioy.

22 Also he that had receiued two talents, came & said, Master, thou deliueredst vnto me two talents: beholde, I haue gained two other talents with them.

23 His master saide vnto him, It is wel done good seruant, and faithful, Thou hast bene faithful in litle, I will make thee ruler ouer muche: enter into thy masters ioye.

24 Then he which had receiued the one talent, came and said, Master, I knewe that thou wast an hard man, which reapest where thou sowedst not, and gatherest where thou strawedst not:

25 I was therefore afraide, and went and hid thy talent in the earth: beholde, thou hast thine owne.

26 And his master answered, and said vnto him, Thou euil seruant, and slouthful, thou knewest that I reap where I sowed not, and gather where I strawed not.

27 Thou oughtest therefore to haue put my money to the exchangers, and then at my comming shulde I haue receiued mine owne with vantage.

28 Take therefore the talent from him, and giue it vnto him which hath ten talents.

29 For vnto euerie man that hath, it shal be giuen, and he shal haue abundance, and from him that hath not, euen that he hath, shalbe taken away.

30 Cast therefore that vnprofitable seruant into vtter darkenes: there shalbe weping and gnasshing of teeth.

31 ¶ And when the Sonne of man commeth in his glorie, and all the holie Angels with him, then shall he sit vpon the throne of his glorie,

32 And before him shalbe gathered all nacions, & he shal separate them one from another, as a shepherde separateth the shepe from the goates.

33 And he shal set the shepe on his right hand, and the goates on the left.

34 Then shal the King say to them on his right hand, Come ye blessed of my Father: inherit ye the kingdome prepared for you from the foundations of the worlde.

35 For I was an hungred, and ye gaue me meat: I thirsted, and ye gaue me drinke: I was a stranger, and ye lodged me.

36 I was naked, and ye clothed me, I was sicke, and ye visited me: I was in prison, and ye came vnto me.

37 Then shal the righteous answeere him, saying, Lord, when sawe we thee an hungred, and fed thee? or a thirst, and gaue thee drinke?

38 And when sawe we thee a stranger, and lodged thee? or naked, and clothed thee?

39 Or when sawe we thee sicke, or in prison, and came vnto thee?

40 And the King shal answeere, and say vnto them, Verely I say vnto you, in as muche as ye haue done it vnto one of the least of these my brethren, ye haue done it to me.

41 Then shal he say vnto them on the left hand, Departe from me ye cursed, into euerlasting fyre, which is prepared for the deuill and his angels.

42 For I was an hungred, and ye gaue me no meat: I thirsted, & ye gaue me no drinke:

43 I was a stranger, and ye lodged me not: *I was* naked, and ye clothed me not: sicke, and in prison, and ye visited me not.

44 Then shal they also answere him, saying, Lord, when saw we thee an hungred, or a thirst, or a stranger, or naked, or sicke, or in prison, and did not minister vnto thee?

45 Then shal he answer them, & say, Verely I sai vnto you, in as muche as ye did it not to one of the least of these, ye did it not to me.

46 And these shal go into euerlasting paine, and the righteous into life eternal.

Evening Prayer: Psalms 136-138

P S A L. C X X X V I.

PRaise ye the Lord, because he is good: for his mercie
endureth for euer.

2 Praise ye the God of gods: for his mercie *endureth* for euer.

3 Praise ye the Lord of lords: for his mercie *endureth* for euer.

4 Which onelie doeth great wonders: for his mercie *endureth* for euer:

5 Which by *his* wisdome made the heauens: for his mercie
endureth for euer:

6 Which hathe stretched out the earth vpon the waters: for his
mercies *endureth* for euer:

7 Which made great lights: for his mercie *endureth* for euer:

8 As the sunne to rule the daie: for his mercie *endureth* for euer:

9 The moone and the starres to gouerne the night: for his mercie
endureth for euer:

10 Which smote Egypt with their first borne, (for his mercie
endureth for euer)

11 And broght out Israel from among them (for his mercie
endureth for euer)

- 12 With a mightie hande and stretched out arme: for his mercie
endureth for euer:
- 13 Which diuided the red Sea in two partes: for his mercie
endureth for euer:
- 14 And made Israel to passe through the middes of it: for his
mercie *endureth* for euer:
- 15 And ouerthrewe Pharaoh and his hoste in the red Sea: for his
mercie *endureth* for euer:
- 16 Which led his people through the wildernes: for his mercie
endureth for euer:
- 17 Which smote great Kings: for his mercie *endureth* for euer:
- 18 And slewe mightie Kings: for his mercie *endureth* for euer:
- 19 As Sihon King of the Amorites: for his mercie *endureth* for
euer:
- 20 And Og the King of Bashan: for his mercie *endureth* for euer:
- 21 And gaue their land for an heritage: for his mercie *endureth*
for euer:
- 22 *Euen* an heritage vnto Israel his seruant: for his mercie
endureth for euer:
- 23 Which remembred vs in our base estate: for his mercie
endureth for euer:
- 24 And hath rescued vs from our oppressours: for his mercie
endureth for euer:
- 25 Which giueth foode to all flesh: for his mercie *endureth* for
euer.
- 26 Praise ye the God of heauen: for his mercie *endureth* for euer.

P S A L. C X X X V I I.

BY the riuers of Babel we sate, and there we wept, when we
remembred Zion.

- 2 We hanged our harpes vpon the willowes in the middes thereof.

- 3 Then thei that led vs captiues, required of vs songs and mirth, when wee had hanged *vp our harpes, saying*, Sing vs *one* of the songs of Zion.
- 4 How shal we sing, *said we*, a song of the Lord in a strange land?
- 5 If I forget thee, ô Ierusalem, let my right hand forget *to play*.
- 6 If I do not remembre thee, let my tongue cleaue to the rofe of my mouth: *yea*, if I preferre not Ierusalem to my chief ioye.
- 7 Remember the children of Edôm, ô Lord, in the daie of Ierusalem, which said, Rase it, rase it to the foundacion thereof.
- 8 O daughter of Babel, worthie to be destroyed, blessed *shal he be* that rewardeth thee, as thou hast serued vs.
- 9 Blessed *shall he be* that taketh & dasheth thy children against the stones.

P S A L. C X X X V I I I.

¶ A Psalme of *Dauid*.

I Will praise thee with my whole heart: *euen* before the gods wil I praise thee.

- 2 I wil worship toward thine holie Temple and praise thy Name, because of thy louing kindnes and for thy trueth: for thou hast magnified thy Name aboue all things by thy worde.
- 3 When I called, then thou heardest me, & hast increased strength in my soule.
- 4 All the Kings of the earth shal praise thee, ô Lord: for they have heard the wordes of thy mouth.
- 5 And thei shal sing of the waies of the Lord, because the glorie of the Lord *is* great.
- 6 For the Lord is high: yet he beholdeth the lowely, but the proude he knoweth a farre off.

7 Thogh I walke in the middes of trouble, *yet* wilt thou reuiue me: thou wilt stretch forthe thine hand vpon the wrath of mine enemies, and thy right hand shal saue me.

8 The Lord wil performe *his worke* toward me: ô Lord, thy mercie *endureth* for euer: forsake not the workes of thine hands.

Evening Prayer – 1st Lesson: Exodus 3

C H A P. III.

WHen Moses kept the shepe of Jethro his father in lawe, Priest of Midian, & droue the flocke to the backe side of the desert, and came to the Mountaine of God, Horeb,

2 Then the Angel of the Lord appeared vnto him in a flame of fyre, out of the middes of a bushe: & he loked, & beholde, the bushe burned with fyre, and the bushe was not consumed.

3 Therefore Moses said, I will turne aside now, & se this great sight, why the bushe burneth not.

4 And when the Lord saw that he turned aside to se, God called vnto him out of the middes of the bushe, and said, Moses, Moses. And he answered, I am here.

5 Then he said, Come not hither, put thy shooes off thy fete: for the place whereon thou standest is holy grounde.

6 Moreouer he said, I am the God of thy father, the God of Abraham, the God of Izhak, & the God of Iaakob. Then Moses hid his face: for he was afraied to loke vpon God.

7 ¶ Then the Lord said, I haue surely sene the trouble of my people, which are in Egypt, & haue heard their crye, because of their taskemasters: for I knowe their sorowes.

8 Therefore I am come downe to deliuer them out of the hand of the Egyptians, and to bring them out of that land into a good land and a large, into a land that floweth with milke & hony, *euen* into

the place of the Canaanites, and the Hittites, & the Amorites, and the Perizzites, and the Hiutes, and the Iebusites.

9 And now lo, the crye of the children of Israel is come vnto me, and I haue also sene the oppression, wherewith the Egyptians oppresse them.

10 Come now therefore, and I wil send thee vnto Pharaoh, that thou maiest bring my people the children of Israel out of Egypt.

11 ¶ But Moses said vnto God, Who am I, that I shulde go vnto Pharaoh, and that I shulde bring the children of Israel out of Egypt?

12 And he answered, Certainely I wil be with thee: & this shall be a token vnto thee, that I haue sent thee, After that thou haste broght the people out of Egypt, ye shal serue God vpon this Mountaine.

13 Then Moses said vnto God, Beholde, *when* I shal come vnto the children of Israel, and shal say vnto them, The God of your fathers hath sent me vnto you: if thei say vnto me, What is his Name? what answere shal I giue them?

14 And God answered Moses, I A M T H A T I A M. Also he said, Thus shalt thou say vnto the children of Israel, I A M hath sent me vnto you.

15 And God spake further vnto Moses, Thus shalt thou say vnto the children of Israel, The Lord God of your fathers, the God of Abraham, the God of Izhak, and the God of Iaakob hath sent me vnto you: this is my Name for euer, & this is my memorial vnto all ages.

16 Go and gather the Elders of Israel together, & thou shalt say vnto them, The Lord God of your fathers, the God of Abraham, Izhak, & Iaakob appeared vnto me, & said, I haue surely remembred you, & that which is done to you in Egypt.

17 Therefore I did say, I wil bring you out of the affliction of Egypt vnto the land of the Canaanites, and the Hittites, and the

Amorites, and the Perizzites, & the Hiuites, and the Iebusites, vnto a land that floweth with milke and hony.

18 Then shal thei obeie thy voyce, & thou and the Elders of Israel shal go vnto the King of Egypt, and saie vnto him, The Lord God of the Ebrewes hathe met with vs: we pray thee now therefore, let vs go thre dayes iourney in the wildernes, that we may sacrifice vnto the Lord our God.

19 ¶ But I knowe, that the King of Egypt wil not let you go, but by strong hand.

20 Therefore wil I stretch out mine hand and smite Egypt with all my wonders, which I wil do in the middes thereof: and after that shal he let you go.

21 And I wil make this people to be faoured of the Egyptians: so that when ye go, ye shal not go emptie.

22 For euerie woman shal aske of her neighbour, and of her that soiourneth in her house, iewels of siluer and iewels of golde and raiment, & ye shall put them on your sonnes, and on your daughters, and shal spoile the Egyptians.

Evening Prayer – 2nd Lesson: 1 Corinthians 9

C H A P. I X.

AM I not an Apostle? am I not fre? haue I not sene Iesus Christ our Lord? are ye not my worke in the Lord?

2 If I be not an Apostle vnto other, yet doutles I am vnto you: for ye are the seale of mine Apostleship in the Lord.

3 My defense to them that examine me, is this,

4 Haue we not power to eat & to drinke?

5 Or haue we not power to lead about a wife being a sister, as well as the rest of the Apostles, and as the brethren of the Lord, and Cephas?

- 6 Or I onely and Barnabas, haue not we power not to worke?
- 7 Who goeth a warfare anie time at his owne cost? who planteth a vineyard, and eateth not of the frute thereof? or who fedeth a flocke, and eateth not of the milke of the flocke?
- 8 Say I these thinges according to man? saith not the Law the same also?
- 9 For it is written in the Law of Moses, Thou shalt not mussel the mouth of the oxe that treadeth out the corne: doeth God take care for oxen?
- 10 Either saith hee it not altogether for our sakes? For our sakes no doute it is written, that he which eareth, shulde eare in hope: and that he that thresheth in hope, shulde be partaker of his hope.
- 11 If we haue sowen vnto you spiritual things, *is it* a great thing if we reape your carnal thinges?
- 12 If others with you be partakers of *this* power, *are* not we rather? neuertheles, we haue not vsed this power: but suffre all things, that we shulde not hinder the Gospel of Christ.
- 13 Do ye not knowe, that they which minister about the holie things, eat of the things of the Temple? and they which wait at the altar, are partakers with the altar?
- 14 So also hathe the Lord ordeined, that they which preache the Gospel, shulde liue of the Gospel.
- 15 But I haue vsed none of these things: nether wrote I these things, that it shulde be so done vnto me: for it were better for me to dye, then that anie man shulde make my reioycing vaine.
- 16 For thogh I preache the Gospel, I haue nothing to reioyce of: for necessitie is laid vpon me, and wo is vnto me, if I preache not the Gospel.
- 17 For if I do it willingly, I haue a reward, but if I do it against my wil, *notwithstanding* the dispensation is committed vnto me.

18 What is my rewarde then? verely that when I preache the Gospel, I make the Gospel of Christ fre that I abuse not mine autoritie in the Gospel.

19 For thogh I be fre from all men, yet haue I made my self seruant vnto all men, that I might winne the mo.

20 And vnto the Iewes, I become as a Iewe, that I may winne the Iewes: to them that are vnder the Lawe, as *thogh I were* vnder the Law, that I may winne them that are vnder the Law:

21 To them that are without lawe, as *thogh I were* without law (when I am not without Law as pertaining to God, but *am* in the Law through Christ) that I may winne them that are without Law.

22 To the weake I become as weake, that I may winne the weake: I am made all things to all men, that I might by all meanes saue some.

23 And this I do for the Gospels sake, that I might be partaker thereof with you.

24 Knowe ye not, that they which runne in a race, runne all, yet one receiueth the price? so runne, that ye may obtaine.

25 And euerie man that proueth masteries, absteineth from all things: and they *do it* to obtaine a corruptible crowne: but we for an vncorruptible.

26 I therefore so runne, not as vncertainely: so fight I, not as one that beateth the ayre.

27 But I beate downe my bodie, & bring it into subiection, lest by any meanes after that I haue preached to other, I my self shulde be reproued.

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