

## Sonnet 4: New yeare forth looking

Saturday, January 26, 1594

Morning Prayer: Psa 119.105-44; Gen 48; Mat 23

Evening Prayer: Psa 119.145-76; Gen 49; 1Co 7

### ***Morning Prayer: Psalm 119.105-44]***

N V N.

105 Thy worde *is* a lanterne vnto my fete, and a light vnto my path.

106 I haue sworne and wil performe it, that I wil kepe thy righteous iudgements.

107 I am verie sore afflicted: ô Lord, quicken me according to thy word.

108 O Lord, I beseche thee accept the fre offrings of my mouth, and teache me thy iudgements.

109 My soule is continually in mine hand: yet do I not forget thy Law.

110 The wicked haue layed a snare for me: but I swarued not from thy precepts.

111 Thy testimonies haue I taken as an heritage for euer. for they are the ioye of mine heart.

112 I haue applied mine heart to fulfil thy statutes alwaie, *euen* vnto the ende.

S A M E C H.

113 I hate vaine inuentions: but thy Lawe do I loue.

114 Thou art my refuge and shield, *and* I trust in thy worde.

115 Awaie from me, ye wicked: for I wil kepe the commandements of my God.

116 Stablish me according to thy promes, that I maye liue, and disapoint me not of mine hope.

117 Staie thou me, and I shalbe safe, and I wil delite continually  
in thy statutes.

118 Thou hast troden downe all them that depart from thy  
statutes: for their deceit *is* vaine.

119 Thou hast taken away all the wicked of the earth *like* drosse:  
therefore I loue thy testimonies.

120 My flesh trembleth for feare of thee, and I am afraied of thy  
iudgements.

A I N.

121 I haue executed iudgement and iustice: leaue me not to mine  
oppressours.

122 Answer for thy seruant in that, which is good, *and* let not the  
proude oppresse me.

123 Mine eyes haue failed *in waiting* for thy saluacion, and for  
thy iuste promes.

124 Deale with thy seruant according to thy mercie, & teache me  
thy statutes.

125 I am thy seruant: grante me *therefore* vnderstanding, that I  
maie knowe thy testimonies.

126 It is time for thee Lorde to worke: *for* they haue destroyed  
thy Law.

127 Therefore loue I thy commandements aboue golde, yea,  
aboue moset fine golde.

128 Therefore I esteme all thy precepts moste iuste, and hate all  
false waies.

P E.

129 Thy testimonies *are* wonderfull: therefore doeth my soule  
kepe them.

130 The entrance into thy wordes sheweth light, *and* giueth  
vnderstanding to the simple.

131 I opened my mouth & panted, because I loued thy  
commandements.

132 Looke vpon me and bee merciful vnto me, as thou vset to do  
vnto those that loue thy Name.

133 Direct my steppes in thy worde, and let none iniquitie haue  
dominion ouer me.

134 Deliuer mee from the oppression of men, and I will kepe thy  
precepts.

135 Shewe the light of thy countenance vpon thy seruant, and  
teache me thy statutes.

136 Mine eyes gush out with riuers of water, because they kepe  
not thy Law.

T S A D D I.

137 Righteous art thou, ô Lord, and iuste *are* thy iudgements.

138 Thou hast commaunded iustice by thy testimonies and trueth  
especially.

139 My zeale hathe euen consumed mee, because mine enemies  
haue forgotten thy wordes.

140 Thy word is proued moste pure, and thy seruant loueth it.

141 I am smale and despised. *yet* do I not forget thy precepts.

142 Thy righteousnes *is* an euerlasting righteousnes, and thy Law  
*is* trueth.

143 Trouble and anguishe are come vpon me: *yet* are thy  
commandements my delite.

144 The righteousnes of thy testimonies *is* euerlasting: grante me  
vnderstanding, and I shal liue.

***Morning Prayer – 1<sup>st</sup> Lesson: Genesis 48***

CHAP. XLVIII.

**A** Gaine after this, one said to Ioseph, Lo, thy father is sicke:  
then he toke with him his two sonnes, Manasseh and Ephraim.

2 Also one told Iaakob, & said, Beholde, thy sonne Ioseph is come to thee, and Israel toke his strength vnto him and sate vpon the bed.

3 Then Iaakob said vnto Ioseph, God almightie appeared vnto me at Luz in the land of Canaan, and blessed me.

4 And he sayde vnto me, Beholde, I wil make thee fruteful, and will multiplie thee, & will make a great nombre of people of thee, and will giue this lande vnto thy sede after thee for an euerlasting possession.

5 ¶ And now thy two sonnes, Manasseh & Ephraim, which are borne vnto thee in the lande of Egypt, before I came to thee into Egypt, shalbe mine, as Reuben and Simeon are mine.

6 But thy lignage, which thou hast begotten after them, shalbe thine: they shalbe called after the names of their brethren in their enheritance.

7 Now when I came from Padan, Rahel dyed vpon mine hand in the land of Canaan, by the way when *there was* but halfe a daies iourney of grounde to come to Ephrath: and I buryed her there in the way to Ephrath: the same *is* Beth-lehem.

8 Then Israel behelde Iosephs sonnes and said, Whose are these?

9 And Ioseph said vnto his father, Thei are my sonnes, which God hath giuen mee here. then he said, I pray thee, bring them to me, that I may blesse them:

10 (For the eyes of Israel were dim for age, so that he colde not *wel se*) Then he caused them to come to him, and he kissed them and embraced them.

11 And Israel said vnto Ioseph, I had not thoght to haue sene thy face: yet lo, God hath shewed me also thy sede.

12 And Ioseph tooke them away from his knees, and did reuerence downe to the ground.

13 Then toke Ioseph them bothe, Ephraim in his right hand towarde Israels left hand, and Manasseh in his left hand toward Israels right hand, so he brought *them* vnto him.

14 But Israel stretched out his right hand, and laid it on Ephraims head, which was the yonger, and his left hand vpon Manassehs head (directing his hands of purpose) for Manasseh *was* the elder.

15 ¶Also he blessed Ioseph and said, The God, before whome my fathers Abraham and Izhak did walke, the God, which hathe fed me al my life long vnto this day, *blesse thee*.

16 The Angel, which hathe deliuered me from all euil, blesse the children, and let my name be named vpon them, and the name of my fathers Abraham and Izhak, that they may growe as fish into a multitude in the middes of the earth.

17 But when Ioseph sawe that his father laid his right hand vpon the head of Ephraim, it displeased him: and he stayed his fathers hand to remoue it from Ephraims head to Manassehs head.

18 And Ioseph said vnto his father, Not so, my father, for this is the eldest: put thy right hand vpon his head.

19 But his father refused, and said, I knowe wel, my sonne, I knowe wel: he shalbe also a people, & he shalbe great likewise: but his yonger brother shalbe greater then he, and his sede shalbe ful of nations.

20 So he blessed them that day, and said, In thee Israel shall blesse, and say, God make thee as Ephraim and as Manasseh.& he set Ephraim before Manasseh.

21 Then Israel said vnto Ioseph, Beholde, I dye, and God shalbe with you, & bring you againe vnto the land of your fathers.

22 Moreouer, I haue giuen vnto thee one porcion aboute thy brethren, which I gate out of the hand of the Amorite by my sworde & by my bowe.

***Morning Prayer – 2<sup>nd</sup> Lesson: Matthew 23***

C H A P. X X I I I.

**T**hen spake Iesus to the multitude, & to his disciples,  
2 Saying, The Scribes and the Pharises sit in Moses seat.  
3 All therefore whatsoever they byd you obserue, that obserue and do: but after their workes do not: for they say, and do not.  
4 For they binde heauie burdens, and grieuous to be borne, and laye them on mens sholders, but they them selues wil not moue them with one of their fingers.  
5 All their workes they do for to be sene of men: for they make their phylacteries broad, and make long the fringes of their garments,  
6 And loue the chief place at feasts, and to haue the chief seates in the assemblies,  
7 And gretings in the markets, and to be called of men, Rabbi, Rabbi.  
8 But be not ye called, Rabbi: for one is your doctor, to wit, Christ, and all ye are brethren.  
9 And call no man your father vpon the earth: for their is but one, your Father which is in heaven.  
10 Be not called doctors: for one is your doctor, euen Christ.  
11 But he that is greatest among you, let him be your seruant.  
12 For whosoouer wil exalt him self, shalbe broght low: and whosoouer wil humble him self, shalbe exalted.  
13 ¶ Wo therefore be vnto you, Scribes and Pharises, hypocrites, because ye shut vp the kingdom of heauen before men: for ye your selues go not in, nether suffer ye them that wolde enter, to come in.

14 Wo be vnto you, Scribes and Pharisees, hypocrites: for ye deuoure widdowes houses, euen vnder a colour of long prayers: wherefore ye shal receiue the greater damnacion.

15 Wo be vnto you Scribes and Pharises, hypocrites, for ye compasse sea and land to make one of your profession: and when he is made, ye make him two folde more the childe of hel, then you your selues.

16 Wo be vnto you blinde guides, which say, Whosoouer sweareth by the Temple, it is nothing: but whosoouer sweareth by the golde of the Temple, he offendeth.

17 Ye fooles and blinde, whether is greater, the golde, or the Temple that sanctifieth the golde?

18 And whosoouer sweareth by the altar, it is nothing: but whosoouer sweareth by the offering that is vpon it, offendeth.

19 Ye fooles and blinde, whether is greater, the offering, or the altar which sanctifieth the offering?

20 Whosoouer therefore sweareth by the altar, sweareth by it, and by all things thereon.

21 And whosoouer sweareth by the Temple, sweareth by it, and by him that dwelleth therein.

22 And he that sweareth by heaven, sweareth by the throne of God, and by him that sitteth thereon.

23 ¶ Wo be to you, Scribes and Pharises, hypocrites: for ye tithe mynt, & annyse, & commyn, and leaue the weightier matters of the Law, as iudgement, and mercie, & fidelitie. These oght ye to haue done, & not to haue left the other.

24 Ye blinde guides, which straine out a gnatte, and swallow a camel.

25 ¶ Wo be to you, Scribes and Pharises, hypocrites: for ye make cleane the vtter side of the cup, and of the platter: but within they are ful of briberie & excesse.

26 Thou blinde Pharise, clense first the inside of the cup and platter, that the outside of them may be cleane also.

27 Woe be to you, Scribes and Pharises, hypocrites: for ye are like vnto whited tombes, which appeare beautiful outwarde, but are within full of dead mens bones, and all filthines.

28 So are ye also, for outwarde ye appear righteous vnto men, but within ye are full of hypocrisie and iniquitie.

29 ¶ Wo be vnto you, Scribes and Pharises, hypocrites: for ye buylde the tombes of the Prophetes, & garnish the sepulchres of the righteous,

30 And say, If we had bene in the dayes of our fathers, we wolde not haue bene parteners with them in the blood of the Prophetes.

31 So then ye be witnesses vnto your selues, that ye are the children of them that murthered the Prophetes.

32 Fulfil ye also the measure of your fathers.

33 O serpents, the generacion of viperes, how shulde ye escape the damnacion of hel!

34 Wherefore beholde, I send vnto you Prophetes, and wise men, and Scribes, & of them ye shal kil and crucifie: and of them shal ye scourge in your Synagogues, and persecute from citie to citie,

35 That vpon you may come all the righteous blood that was shed vpon the earth, from the blood of Abel the righteous vnto the blood of Zacharias the son of Barachias, whome ye slewe betwene the Temple and the altar.

36 Verely I say vnto you, all these things shal come vpon this generacion.

37 Ierusalem, Ierusalem, which killest the Prophetes, & stonest them which are sent to thee, how often wolde I haue gathered thy children together, as the henne gathereth her chickens vnder her wings, and ye wolde not!

38 Beholde, your habitacion shalbe left vnto you desolate.



39 For I saye vnto you, ye shal not se me hence forthe til that ye say, Blessed is he that cometh in the Name of the Lord.

***Evening Prayer: Psalm 119.145-76***

K O P H.

145 I haue cryed with *my* whole heart: heare me, ô Lord, & I wil kepe thy statutes.

146 I called vpon thee: saue mee, and I wil kepe thy testimonies.

147 I preuented the morning light, & cryed: for I waited on thy worde.

148 Mine eyes preuent the *night* watches to meditate in thy worde.

149 Heare my voice according to thy louing kindenes: ô Lord, quicken me according to thy iudgement.

150 They drawe nere, that followe after malice, *and* are farre from thy Law.

151 Thou art neere, ô Lord: for all thy commandements *are* true.

152 I haue knowen long since by thy testimonies, that thou hast established them for euer.

R E S H.

153 Beholde mine affliction, and deliuer me: for I haue not forgotten thy Law.

154 Pleade my cause, and deliuer me: quicken me according vnto thy word.

155 Saluacion *is* farre from the wicked, because they seke not thy statutes.

156 Great are thy tender mercies, ô Lord: quicken me according to thy iudgements.

157 My persecutours and mine oppressours *are* manie: *yet* do I not swarue from thy testimonies.

158 I sawe the transgressours & was griued, because they kept not thy worde.

159 Consider, ô Lorde, how I loue thy precepts: quicken me according to thy louing kindenes.

160 The beginning of thy worde is trueth, and all the iudgements of thy righteousnes *endure* for euer.

S C H I N.

161 Princes haue persecuted mee without cause, but mine heart stode in awe of thy wordes.

162 I reioyce at thy worde, as one that findeth a great spoile.

163 I hate falshode and abhorre it, *but* thy Lawe do I loue.

164 Seuen times a daie doe I praise thee, because of thy righteous iudgements.

165 They, that loue thy Law, shal haue great prosperitie, and they shal haue none hurt.

166 Lord, I haue trusted in thy saluacion, and haue done thy commandements.

167 My soule hathe kept thy testimonies: for I loue them excedingly.

168 I haue kept thy precepts and thy testimonies: for all my waies are before thee.

T A V.

169 Let my complaint come before thee, ô Lord, *and* giue me vnderstanding, according vnto thy worde.

170 Let my supplication come before thee, *and* deliuer me according to thy promes.

171 My lippes shal speake praise, when thou hast taught me thy statutes.

172 My tongue shal intreate of thy worde: for all thy commandements *are* righteous.

173 Let thine hand helpe me: for I haue chosen thy precepts.

174 I haue longed for thy saluacion, ô Lord, and thy Law *is* my delite.

175 Let my soule liue, & it shal praise thee, and thy iudgements shal helpe me.

176 I haue gone astraye like a lost shepe: seke thy seruant, for I doe not forget thy commandements.

### ***Evening Prayer – 1<sup>st</sup> Lesson: Genesis 49***

#### C H A P. X L I X.

**T**hen Iaakob called his sonnes, & said, Gather your selues together, that I may tel you what shal come to you in the last daies.

2 Gather your selues together, & heare, ye sonnes of Iaakob, & hearken vnto Israel your father.

3 ¶Reuben mine eldest sonne, thou art my might, & the beginning of my strength, the excellencie of dignitie, and the excellencie of power:

4 *Thou wast* light as water: thou shalt not be excellent, because thou wentest vp to thy fathers bed: then didest thou defile my bed, *thy dignitie* is gone.

5 ¶Simeon and Leui, brethren *in euil*, the instruments of crueltie are in their habitacions.

6 Into their secret let not my soule come: my glorie, be not thou ioyned with their assemblie: for in their wrath they slewe a man, and in their selfewil they digged downe a wall.

7 Cursed be their wrath, for it was fearce, & their rage, for it was cruel: I wil diuide them in Iaakob, & scater them in Israel.

8 ¶Thou Iudah, thy brethren shal praise thee: thine hand *shalbe* in the necke of thine enemies: thy fathers sonnes shal bowe downe vnto thee.

9 Iudah, *as* a lions whelp shalt thou come vp from the spoile, my sonne. He shall lie downe & couche as a lion, & as a lionesse. Who shall ster him vp?

10 The sceptre shall not departe from Iudah, nor a lawgiuer from betwene his feete, vntil Shiloh come, and the people *shalbe* gathered vnto him.

11 He shall binde his asse fole vnto the vine, & his asses colte vnto the best vine. he shall wash his garment in wine, and his cloke in the blood of grapes.

12 His eies *shalbe* red with wine, and his tethe white with milke.

13 ¶ Zebulun shall dwel by the sea side, & he *shalbe* an hauen for shippes: his border *shalbe* vnto Zidon.

14 Issachar *shalbe* a strong asse, couching downe betwene two burdens:

15 And he shall see that rest is good, and that the land is pleasant, and he shall bowe his shulder to beare, and shall be subiect vnto tribute.

16 ¶ Dan shall iudge his people as one of the tribes of Israel.

17 Dan shall be a serpent by the way, an adder by the path, byting the horse heles, so that his ryder shall fall backwarde.

18 O Lord, I haue waited for thy saluacion.

19 Gad, an host of men shall ouercome him, but he shall ouercome at the last.

20 Concerning Asher, his bread *shalbe* fat, and he shall giue pleasures for a King.

21 Naphtali *shalbe* a hinde let go, giuing goodlie wordes.

22 ¶ Ioseph *shalbe* a fruteful bough, *euen* a fruteful bough by the well side: the smale boughes shall runne vpon the wall.

23 And the archers griued him, and shot *against him*, and hated him.

24 But his bowe abode strong, and the hands of his armes were strengthened, by the hands of the mightie *God* of Iaakob, of whome was the feeder *appointed*, by the stone of Israel,

25 *Euen* by the God of thy father, who shal helpe thee, & by the almightie, who shal blesse thee with heauenlie blessinges from aboue, with blessinges of the depe, that lieth beneath, with blessinges of the brestes, & of the wombe.

26 The blessinges of thy father shalbe stronger then the blessinges of mine elders: vnto the ende of the hilles of the worlde they shalbe on the head of Ioseph, and on the toppe of the head of him that was separat from his brethren.

27 ¶Beniamin shall rauine *as* a wolfe: in the morning he shal deuoure the praie, and at night he shal diuide the spoile.

28 ¶All these are the twelue tribes of Israel, and thus their father spake vnto them, and blessed them: euerie one of them blessed he with a seueral blessing.

29 And he charged them & said vnto them, I am ready to be gathered vnto my people: bury me with my fathers in the caue that is in the field of Ephron the Hittite,

30 In the caue that is in the field of Machpelah besides Mamre in the land of Canaan: which *caue* Abraham boght with the field of Ephron the Hittite for a possession to bury in.

31 There thei buryed Abraham and Sarah his wife: there thei buryed Izhak and Rebekah his wife: and there I buryed Leah.

32 The purchase of the field & the caue that is therein, *was boght* of the children of Heth.

33 Thus Iaakob made an end of giuing charge to his sonnes, and plucked vp his fete into the bed and gaue vp the gost, & was gathered to his people.