# Sonnet 60: They, that in course

Saturday, March 23, 1594 Morning Prayer: Psa 107; Jud 15; Joh 10 Evening Prayer: Psa 108-9; Jud 16; 2Ti 1

### Morning Prayer: Psalm 107

# PSAL. CVII.

**P**Raise the Lord, because he is good: for his mercie *endureth* for euer.

2 Let them, which have been redemed of the Lord, shewe how he hathe delivered them from the hand of the oppresser,

3 And gathered them out of the lands, from the East and from the West, from the North and from the South.

4 *When* they wandered in the desert & wildernes out of the waie, *and* founde no citie to dwell in,

5 Bothe hungrie & thirstie, their soule fainted in them.

6 Then they cryed vnto the Lord in their trouble, *and* he deliuered them from their distres,

7 And led them for the by the right way, that they might go to a citie of habitacion.

8 Let them *therefore* confesse before ye Lorde his louing kindnes,

& his wonderfull workes before the sonnes of men.

9 For he satisfied the thirstie soule, and filled the hungrie soule with goodnes.

10 They, that dwell in darkenes and in the shadowe of death, being bounde in miserie and yron,

11 Because they rebelled against the wordes of the Lorde, and despised the counsel of the moste High,

12 When he humbled their heart with heauines, *then* they fell downe and there was no helper.

13 Then they cryed vnto the Lord in their trouble, *and* he deliuered them from their distres.

14 He broght them out of darkenes, and *out of* the shadowe of death, and brake their bands a sunder.

15 Let them *therefore* confesse before the Lord his louing kindnes, & his wonderful workes before the sonnes of men.

16 For hee hathe broken the gates of brasse, and brast the barres of yron a sundre.

17 Fooles by reason of their transgression & because of their iniquities are afflicted.

18 Their soule abhorreth all meat, & they are broght to deaths dore.

19 Then they crye vnto the Lord in their trouble, & he deliuereth them from their distres.

20 He sendeth his worde and healeth them, and deliuereth them from their graues.

21 Let them *therefore* confesse before the Lord his louing kindnes, & his wonderful workes before the sonnes of men,

22 And let them offer sacrifices of praise, and declare his workes with reioycing.

23 They that goe downe to the sea in shippes, & occupie by the great waters,

24 They se the workes of the Lord, & his wonders in the depe.

25 For he commandeth and raiseth the stormie winde, and it lifteth vp the waues thereof.

26 They mount vp to the heauen, & descend to the depe, so that their soule melteth for trouble.

27 They are tossed to and fro, and stagger like a drunken man, and all their cunning is gone.

28 Then they crye vnto the Lord in their trouble, *and* he bringeth them out of their distres.

29 He turneth the storme to calme, so that the waves thereof are stil.

30 When they are quieted, they are glad, & he bringeth them vnto the hauen, where they wolde be.

31 Let them *therefore* confesse before the Lord his louing kindnes, and his wonderful workes before the sonnes of men.

32 And let them exalt him in the Congregacion of the people, and praise him in the assemblie of the Elders.

33 He turneth the floods into a wildernes, and the springs of waters into drienes,

34 *And* a fruteful land into barrennes for the wickednes of them that dwell therein.

35 *Againe* he turneth the wildernes into pooles of water, & the drye land into water springs.

36 And there he placeth the hungrie, and they buyld a citie to dwell in,

37 And sowe the fields, & plant vineyardes, which bring for he fruteful increase.

38 For he blesseth them, and they multiplie excedingly, and he diminisheth not their cattel.

39 Againe *men* are diminished, and broght lowe by oppression, euil and sorowe.

40 He powreth contempt vpon princes, and causeth them to erre in desert places out of the way.

41 Yet he raiseth vp the poore out of miserie, and maketh him families like a flocke of shepe.

42 The righteous shall se it, and reioyce, and all iniquitie shal stop her mouth.

43 Who is wise that he maie observe these things? for they shal vnderstand the louing kindnes of the Lord.

### Morning Prayer: 1st Lesson: Judges 15

#### CHAP. XV.

**B** Vt within a while after, in the time of wheat haruest, Samson visited his wife with a kid, saying, I wil go into my wife into the chamber: but her father wolde not suffre him to go in.

2 And her father said, I thoght that thou haddest hated her: therefore gaue I her to thy companion. Is not her yonger sister fairer then she? take her, I pray thee, in stead of the other.

3 Then Samson said vnto them, Now am I more blameles then the Philistims: therefore wil I do them displeasure.

4 ¶ And Samson went out, & toke thre hundreth foxes, and toke firebrands, & turned them taile to taile, and put a firebrand in the middes betwene two tailes.

5 And when he had set the brandes on fier, he sent them out into the standing corne of the Philistims, and burnt vp bothe the rickes & the standing corne with the vineyardes & oliues.

6 Then the Philistims said, Who hathe done this? And they answered, Samson the sonne in law of the Timnite, because he had taken his wife, & giuen her to his companion. Then the Philistims came vp and burnt her and her father with fire.

7 And Samson said vnto them, Thogh ye haue done this, yet wil I be auenged of you, and then I wil cease.

8 So he smote them hippe and thigh with a mighty plague: then he went and dwelt in the toppe of the rocke Etam.

9 ¶ Then the Philistims came vp, & pitched in Iudah, & were spred abroad in Lehi.

10 And the men of Iudah said, Why are ye come vp vnto vs? And they answered, To binde Samson are we come vp, and to do to him as he hathe done to vs.

11 Then thre thousand men of Iudah went to the toppe of the rocke Etam, and said to Samson, Knowest thou not that the Philistims are rulers ouer vs? Wherefore then hast thou done thus vnto vs? And he answered them, As they did vnto me, so haue I done vnto them.

12 Againe they said vnto him, We are come to binde thee, and to deliuer thee into the hand of the Philistims. And Samson said vnto them, Sweare vnto me, that ye wil not fall vpon me your selues.

13 And they answered him, saying, No, but we wil binde thee and deliuer thee vnto their hand, but we wil not kil thee. And they bound him with two newe cordes, and brought him from the rocke.
14 When he came to Lehi, the Philistims shouted against him, and the Spirit of the Lord came vpon him, and the cordes that were vpon his armes, became as flaxe that was burnt with fire: for the

bandes losed from his hands.

15 And he found a new iawebone of an asse, and put forthe his hand, and caught it, and slewe a thousand men therewith.

16 Then Samson said, With the iawe of an asse *are* heapes vpon heapes: with the iawe of an asse haue I slaine a thousand men.

17 And when he had left speaking, he cast away the iawebone out of his hand, & called that place, Ramath-Lehi.

18 And he was sore a thirst, and called on the Lord, and said, Thou hast giuen this great deliuerance into the hand of thy seruant: and now shal I dye for thirst, and fall into the hands of the vncircumcised?

19 Then God brake the cheeke tothe, that was in the iawe, and water came thereout: and when he had dronke, his Spirit came

againe, and he was reuiued: wherefore the name thereof is called, En-hakkore, which is in Lehi vnto this day.

20 And he iudged Israel in the dayes of the Philistims twentie yeres.

#### Morning Prayer: 2<sup>nd</sup> Lesson: John 10

#### CHAP. X.

Erely, verely I say vnto you, He that entreth not in by the dore into the shepefolde, but climeth vp another way, he is a thefe and a robber.

2 But he that goeth in by the dore, is the shepherd of the shepe.

3 To him the porter openeth, and the shepe heare his voyce, and he calleth his owne shepe by name, and leadeth them out.

4 And when he hathe sent for the his owne shepe, he goeth before them, and the shepe followe him: for they knowe his voyce.

5 And they wil not followe a stranger, but they flee from him: for they knowe not the voyce of strangers.

6 This parable spake Iesus vnto them: but they vnderstode not what things they were which he spake vnto them.

7 Then said Iesus vnto them againe, Verely, verely I say vnto you, I am the dore of the shepe.

8 All, that euer came before me, are theues & robbers: but the shepe did not heare them.

9 I am that dore: by me if any man enter in, he shalbe saued, and shal go in, and go out, and finde pasture.

10 The thefe commeth not, but for to steale, and to kill, and to destroye: I am come that they might haue life, and haue it in abundance.

11 I am that good shepherd: the good shepherd giueth his life for his shepe.

12 But an hireling, and he which is not the shepherd, nether the shepe are his owne, seeth the wolfe comming, & he leaueth the shepe, and fleeth, and the wolfe catcheth them, and scattereth the shepe.

13 So the hireling fleeth, because he is an hireling, and careth not for the shepe.

14 I am the good shepherd, and knowe mine, and am knowen of mine.

15 As the Father knoweth me, so knowe I the Father: and I lay downe my life for *my* sheepe.

16 Other shepe I haue also, which are not of this folde: them also must I bring, and they shal heare my voyce: and there shalbe one shepefolde, & one shepherd.

17 Therefore doeth my Father loue me, because I lay downe my life, that I might take it againe.

18 No man taketh it from me, but I lay it downe of my self: I haue power to lay it downe, and haue power to take it againe: this commandement haue I received of my Father.

19 ¶ Then there was a dissention againe among the Iewes for these sayings.

20 And many of them said, He hathe a deuil, and is madde: why heare ye him?

21 Others said, These are not the wordes of him that hathe a deuil: can the deuil open the eyes of the blinde?

22 And it was at Ierusalem the *feast of the* Dedication, and it was winter.

23 And Iesus walked in the Temple, in Solomons porche.

24 Then came the Iewes rounde about him, and said vnto him, How long doest thou make vs doute? If thou be the Christ, tell vs plainely. 25 Iesus answered them, I tolde you, and ye beleue not: the workes that I do in my Fathers Name, they beare witnes of me.

26 But ye beleue not: for ye are not of my shepe, as I said vnto you.

27 My shepe heare my voyce, and I knowe them, and they followe me,

28 And I giue vnto them eternal life, and they shal neuer perish, nether shal any plucke them out of mine hand.

29 My Father which gaue *them* me, is greater then all, and none is able to take them out of my Fathers hand.

30 I and my Father are one.

31 Then the Iewes againe toke vp stones, to stone him.

32 Iesus answered them, Many good workes haue I shewed you from my Father: for which of these workes do ye stone me?

33 The Iewes answered him, saying, For the good worke we stone thee not, but for blasphemie, and that thou being a man, makest thy self God.

34 Iesus answered them, Is it not written in your Law, I said, Ye are gods?

35 If he called them gods, vnto whome the worde of God was *giuen*, and the Scripture can not be broken,

36 Say ye of him, whome the Father hathe sanctified, and sent into the worlde, Thou blasphemest, because I said, I am the Sonne of God?

37 If I do not the workes of my Father, beleue me not.

38 But if I do, then thogh ye beleue not me, *yet* beleue the workes, that ye may knowe & beleue, that the Father *is* in me, and I in him.

39 Againe they went about to take him. but he escaped out of their hands,

40 And went againe beyonde Iordan, into the place where Iohn first baptized, and there abode.

41 And many resorted vnto him, and said, Iohn did no miracle: but all things that Iohn spake of this man, were true.

42 And many beleued in him there.

#### **Evening Prayer: Psalms 108-109**

#### PSAL. CVIII.

¶ A song or Psalme of Dauid.

God, mine heart *is* prepared, so *is* my tongue: I will sing & giue praise.

2 Awake viole & harpe: I wil awake early.

3 I wil praise thee, ô Lord, among the people, and I wil sing vnto thee among the nacions.

4 For thy mercy is great aboue the heauens, and thy trueth vnto the cloudes.

5 Exalt thy self, ô God, aboue the heauens, and *let* thy glorie *be* vpon all the earth,

6 That thy beloued maie be deliuered: helpe with thy right hand and heare me.

7 God hathe spoken in his holines: *therefore* I wil reioyce, I shal diuide Shechem and measure the valley of Succoth.

8 Gilead *shalbe* mine, and Manasseh *shalbe* mine: Ephraim also *shalbe* the strength of mine head: Iuda *is* myLawegiuer.

9 Moab *shalbe* my washpot: ouer Edom wil I cast out my shoe: vpon Palestina wil I triumph.

10 Who wil leade me into the strong citie? Who wil bring me vnto Edom?

11 Wilt not thou, ô God, *which* haddest forsaken vs, & didest not go forthe, ô God, with our armies?

12 Giue vs helpe against trouble: for vaine is the helpe of man.

13 Through God we shal do valiantly: for he shal tread downe our enemies.

#### PSAL. CIX.

#### ¶ To him that excelleth. A Psalme of Dauid.

Olde not thy tongue, ô God of my praise.

**L L** 2 For the mouth of the wicked, and the mouth ful of deceit are opened vpon me: thei haue spoken to me with a lying tongue.

3 Thei compassed me about also with wordes of hatred, and foght against me without a cause.

4 For my friendship thei were mine aduersaries, but I gaue my self to praier.

5 And they have rewarded me euil for good, and hatred for my friendship.

6 Set thou the wicked ouer him, and let the aduersarie stand at his right hand.

7 When he shalbe iudged, let him be condemned, and let his praier be turned into sinne.

8 Let his daies be fewe, and let another take his charge.

9 Let his children be fatherles, and his wife a widowe.

10 Let his children be vagabunds & begge and seee *bread*, *comming out* of their places destroied.

11 Let the extorcioner catche all that the hathe, and let the strangers spoile his labour.

12 Let there be none to extend mercie vnto him: nether let there be anie to shewe mercie vpon his fatherles children.

13 Let his posteritie be destroied, & in the generacion following let their name be put out.

14 Let the iniquitie of his fathers be had in remembrance with the Lord: and let not the sinne of his mother be done awaie.

15 *But* let them alway be before the Lord, that he maie cut of their memorial from the earth.

16 Because he remembred not to shewe mercie, but persecuted the afflicted and poore man, and the sorowful hearted to slaye him.

17 As he loued cursing, so shal it come vnto him, & as he loued not blessing, so shal it be farre from him.

18 As he clothed him self with cursing like a raiment, so shal it come into his bowels like water, and like oyle into his bones.

19 Let it be vnto him as a garment to couer him, and for a girdle, wherewith he shalbe alwaie girded.

20 Let this be the rewarde of mine aduersarie from the Lord, and of them, that speake euil against my soule.

21 But thou, ô Lord my God, deale with me according vnto thy Name: deliuer me, (for thy mercie is good)

22 Because I am poore and nedie, and mine heart is wounded within me.

23 I depart like the shadowe that declineth, and am shaken of as the grashopper.

24 My knees are weake through fasting, & my flesh hathe lost *all* fatnes.

25 I became also a rebuke vnto them: they that loked vpon me, shaked their heads.

26 Helpe me, ô Lord my God: saue me according to thy mercie.

27 And they shal knowe, that this is thine hand, & *that* thou, Lord, hast done it.

28 *Thogh* they curse, yet thou wilt blesse: they shall arise and be confounded, but thy seruant shal reioyce.

29 Let mine aduersaries be clothed with shame, and let them couer them selues with their confusion, as with a cloke.

30 I wil giue thankes vnto the Lord greatly with my mouthe and praise him among the multitude.

31 For he wil stand at the right hand of the poore, to saue him from them that wolde condemne his soule.

# Evening Prayer: 1st Lesson: Judges 16

CHAP. XVI.

Hen went Samson to Azzah, & sawe there an harlot, and went in vnto her.

2 And it was tolde to the Azzathites, Samson is come hether. And they went about, & layed wait for him all night in the gate of the citie, and were quiet all the night, saying, *Abide* til the morning earely, and we shal kil him.

3 And Samson slept til midnight, & arose at midnight, and toke the dores of the gates of the citie, and the two postes and lift them away with the barres, and put them vpon his shoulders, and caried them vp to the top of the mountaine that is before Hebron.

4 ¶ And after this he loued a woman by the river of Sorek, whose name was Delilah:

5 Vnto whome came the princes of the Philistims, and said vnto her, Entise him, and se wherein his great strength *lieth*, and by what meane we may ouercome him, that we may binde him, and punishe him, and euerie one of vs shal giue thee eleuen hundreth *shekels* of siluer.

6 ¶ And Delilah said to Samson, Tel me, I pray thee, wherein thy great strength *lieth*, and wherewith thou mightest be bounde, to do thee hurt.

7 Samson then answered vnto her, If they binde me with seuen greene cordes, that were neuer dryed, then shal I be weake, and be as an other man.

8 And the princes of the Philistims broght her seuen greene cordes that were not drye, and she bound him therewith.

9 (And she had men lying in wayte with her in the chamber) Then she said vnto him, The Philistims *be* vpon thee, Samson. And he brake the cordes, as a thread of towe is broken, when it feleth fire: so his strength was not knowen.

10 ¶ After Delilah said vnto Samson, See, thou hast mocked me and tolde me lies. I pray thee nowe, tel me wherewith thou mightest be bound.

11 Then he answered her, If they binde mee with newe ropes that neuer were occupied, then shal I be weake, and be as an other man.
12 Delilah therefore tooke newe ropes, and bound him therewith, and saide vnto him, The Philistims be vpon thee, Samson: (& men lay in wait in the chamber) & he brake them from his armes, as a threade.

13 ¶ Afterward Delilah said to Samson, Hetherto thou hast beguiled me, and tolde me lies: tel me how thou mightest be bounde. And he said vnto her, If thou plattedst seuen lockes of mine head with the threades of the woufe.

14 And she fastened it with a pinne, & said vnto him, The Philistims *be* vpon thee, Samson. And he awoke out of his slepe, and went away with the pinne of the webbe and the woufe.

15 Againe she said vnto him, How canst thou say, I loue thee, when thine heart is not with me? thou hast mocked me these three times, and hast not tolde me wherein thy great strength *lieth*.

16 And because shee was importunate vpon him with her wordes continually, and vexed him, his soule was peined vnto the death.

17 Therefore he tolde her all his heart, & said vnto her, There neuer came rasor vpon mine head: for I am a Nazarite vnto God from my mothers wombe: therefore if I be shauen, my strength wil go from me, and I shal be weake, & be like all *other* men.
18 And when Delilah sawe that he had tolde her all his heart, she sent, & called for the Princes of the Philistims, saying, Come vp

once *againe*: for he hathe shewed me all his heart. Then the Princes of the Philistims came vp vnto her, and broght the money in their hands.

19 And she made him slepe vpon her knees, & she called a man,& made him to shaue of the seuen lockes of his head, & she began to vexe him, & his strength was gone from him.

20 Then she said, The Philistims *be* vpon thee, Samson. And he awoke out of his slepe, and thought, I wil go out now as at other times, & shake my selfe, but he knewe not that the Lord was departed from him.

21 Therefore the Philistims toke him, and put out his eies, and broght him downe to Azzah, and bound him with fetters: and he did grinde in the prison house.

22 And the heere of his head began to growe againe after that it was shauen.

23 Then the Princes of the Philistims gathered them together for to offer a great sacrifice vnto Dagon their god, and to reioyce: for they said, Our god hathe deliuered Samson our enemie into our hands.

24 Also when the people saw him, they praised their god: for they said, Our god hath deliuered into our hands our enemie and destroier of our countrey, which hathe slaine manie of vs.

25 And when their heartes were mery, they said, Call Samson, that he may make vs pastime. So they called Samson out of the prison house, and he was a laughing stocke vnto them, and they set him betwene the pillers.

26 Then Samson said vnto the seruant that led him by the hand, Lead me, that I may touche the pillers that the house standeth vpon, and that I may leane to them. 27 (Nowe the house was ful of men & women, and there *were* all the princes of the Philistims: also vpon the roofe *were* about thre thousand men & women that behelde while Samson played)
28 Then Samson called vnto the Lord, and said, ô Lord God, I pray thee, thinke vpon me: ô God, I besech thee, strengthen me at this time onely, that I maye be at once auenged of the Philistims for my two eyes.

29 And Samson layed hold on the two middle pillers whereupon the house stode, and on which it was borne vp: on the one with his right hand, and on the other with his left.

30 Then said Samson, Let me lose my life with the Philistims: and he bowed him with all his might, and the house fel vpon the princes, & vpon all the people that were therein. so the dead which he slewe at his death were mo then they which he had slayne in his life.

31 Then his brethren, and all the house of his father came downe and toke him, and broght him vp & buryed him betwene Zorah and Eshtaol, in the sepulchre of Manoah his father: now he had iudged Israel twentie yeres.

# Evening Prayer: 2<sup>nd</sup> Lesson: 2 Timothy 1

#### CHAP. I.

PAul an Apostle of Iesus Christ, by the wil of God, according to the promes of life which is in C H R I S T I E S V S,
2 To Timotheus *my* beloued sonne: Grace, mercie & peace from God the Father, & from Iesus Christ our Lord.
3 I thanke God, whome I serue from *mine* elders with pure conscience, that without ceasing I have remembrance of thee in my

conscience, that without ceasing I haue remembrance of thee in my prayers night and day,

4 Desiring to se thee, mindful of thy teares, that I may be filled with ioye:

5 When I call to remembrance the vnfained faith that is in thee, which dwelt first in thy grandmother Lois, and in thy mother Eunice, & am assured that *it dwelleth* in thee also.

6 Wherefore, I put thee in remembrance that thou stirre vp the gift of God which is in thee, by the putting on of mine hands.

7 For God hathe not giuen to vs the Spirit of feare, but of power, and of loue, & of a sounde minde.

8 Be not therefore ashamed of the testimonie of our Lord, nether of me his prisoner: but be partaker of the afflictions of the Gospel, according to the power of God,

9 Who hathe saued vs, & called vs with an holie calling, not according to our workes, but according to his owne purpose & grace, which was giuen to vs through Christ Iesus before the worlde was,

10 But is now made manifest by that appearing of our Sauiour Iesus Christ, who hathe abolished death, and hathe brought life and immortalitie vnto light through the Gospel.

11 Whereunto I am appointed a preacher, & Apostle, & a teacher of the Gentiles.

12 For the which cause I also suffre these things, but I am not ashamed: for I knowe whome I haue beleued, & I am persuaded that he is able to kepe that which I haue committed to him against that day.

13 Keepe the true paterne of the wholsome wordes, which thou hast heard of me in faith and loue which is in Christ Iesus.

14 That worthie thing, which was committed to thee, kepe through the holie Gost, which dwelleth in vs.

15 This thou knowest, that all they which are in Asia, be turned from me: of which sorte are Phygellus and Hermogenes.

16 The Lord giue mercie vnto the house of Onesiphorus: for he oft refreshed me, and was not ashamed of my chaine,

17 But when he was at Rome, he soght me out verie diligently, and founde *me*.

18 The Lord grant vnto him, that he may finde mercie with the Lord at that day, & in how manie things he hathe ministred vnto me at Ephesus, thou knowest verie wel.

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