

Sonnet 34: Lyke as a ship

Monday, February 25, 1594

Morning Prayer: Psa 119.105-44; Deu 6; Luk 8

Evening Prayer: Psa 119.145-76; Deu 7; Eph 2

Morning Prayer: Psalm 119.105-144

N V N.

105 Thy worde *is* a lanterne vnto my fete, and a light vnto my path.

106 I haue sworne and wil performe it, that I wil kepe thy righteous iudgements.

107 I am verie sore afflicted: ô Lord, quicken me according to thy word.

108 O Lord, I beseche thee accept the fre offrings of my mouth, and teache me thy iudgements.

109 My soule is continually in mine hand: yet do I not forget thy Law.

110 The wicked haue layed a snare for me: but I swarued not from thy precepts.

111 Thy testimonies haue I taken as an heritage for euer. for they are the ioye of mine heart.

112 I haue applied mine heart to fulfil thy statutes alwaie, *euē* vnto the ende.

S A M E C H.

113 I hate vaine inuentions: but thy Lawe do I loue.

114 Thou art my refuge and shield, *and* I trust in thy worde.

115 Awaie from me, ye wicked: for I wil kepe the commandements of my God.

116 Stablish me according to thy promes, that I maye liue, and
disapoint me not of mine hope.

117 Staie thou me, and I shalbe safe, and I wil delite continually
in thy statutes.

118 Thou hast troden downe all them that depart from thy
statutes: for their deceit *is* vaine.

119 Thou hast taken away all the wicked of the earth *like* drosse:
therefore I loue thy testimonies.

120 My flesh trembleth for feare of thee, and I am afraied of thy
iudgements.

A I N.

121 I haue executed iudgement and iustice: leaue me not to mine
oppressours.

122 Answer for thy seruant in that, which is good, *and* let not the
proude oppresse me.

123 Mine eyes haue failed *in waiting* for thy saluacion, and for
thy iuste promes.

124 Deale with thy seruant according to thy mercie, & teache me
thy statutes.

125 I am thy seruant: grante me *therefore* vnderstanding, that I
maie knowe thy testimonies.

126 It is time for thee Lorde to worke: *for* they haue destroyed
thy Law.

127 Therefore loue I thy commandements aboue golde, yea,
aboue moset fine golde.

128 Therefore I esteme all thy precepts moste iuste, and hate all
false waies.

P E.

129 Thy testimonies *are* wonderfull: therefore doeth my soule
kepe them.

130 The entrance into thy wordes sheweth light, *and* giueth vnderstanding to the simple.

131 I opened my mouth & panted, because I loued thy commandements.

132 Looke vpon me and bee merciful vnto me, as thou vsest to do vnto those that loue thy Name.

133 Direct my steppes in thy worde, and let none iniquitie haue dominion ouer me.

134 Deliuer mee from the oppression of men, and I will kepe thy precepts.

135 Shewe the light of thy countenance vpon thy seruant, and teache me thy statutes.

136 Mine eyes gush out with riuers of water, because they kepe not thy Law.

T S A D D I.

137 Righteous art thou, ô Lord, and iuste *are* thy iudgements.

138 Thou hast commaunded iustice by thy testimonies and trueth especially.

139 My zeale hathe euen consumed mee, because mine enemies haue forgotten thy wordes.

140 Thy word is proued moste pure, and thy seruant loueth it.

141 I am smale and despised. *yet* do I not forget thy precepts.

142 Thy righteousnes *is* an euerlasting righteousnes, and thy Law *is* trueth.

143 Trouble and anguishe are come vpon me: *yet* are thy commandements my delite.

144 The righteousnes of thy testimonies *is* euerlasting: grante me vnderstanding, and I shal liue.

Morning Prayer: 1st Lesson: Deuteronomy 6

C H A P. V I.

THese now are the commandements, ordinances, and lawes,
which the Lord your God commanded *me* to teach *you*, that
ye might do them in the land whither ye go to possesse it:

2 That thou mightest feare the Lord thy God, and kepe all his
ordinances, and his commandements which I commande thee,
thou, and thy sonne, and thy sonnes sonne all the dayes of thy life,
euen that thy dayes may be prolonged.

3 Heare therefore, ô Israel, and take hede to do it, that it may go
wel with thee, and that ye may increase mightely in the land that
floweth with milke and hony, as the Lord God of thy fathers hathe
promised thee.

4 Heare, ô Israel, The Lord our God is Lord onely,

5 And thou shalt loue the Lord thy God with all thine heart, and
with all thy soule, and with all thy might.

6 And these wordes which I command thee this day, shalbe in
thine heart.

7 And thou shalt rehearse them continually vnto thy children, and
shalt talke of them when thou tariest in thine house, and as thou
walkest by the way, and when thou lyst downe, and when thou
risest vp:

8 And thou shalt binde them for a signe vpon thine hand, and they
shalbe as frontelets betwene thine eyes.

9 Also thou shalt write them vpon the postes of thyne house, and
vpon thy gates.

10 And when the Lord thy God hathe broght thee into the land,
which he sware vnto thy fathers, Abraham, Izhak, and Iaakob, to
giue to thee, with great and goodly cities which thou buyldedst not,

11 And houses ful of all maner of goods which thou filledst not,
and wels digged which thou diggedst not, vineyardes and oliue

trees which thou plantedst not, and *when* thou hast eaten and art
ful,

12 Beware lest thou forget the Lord, which broght thee out of the
land of Egypt, from the house of bondage.

13 Thou shalt feare the Lord thy God, and serue him, & shalt
swear by his Name.

14 Ye shal not walke after other gods, *after anie* of the gods of
the people which are round about you,

15 (For the Lorde thy God is a ielous God among you:) lest the
wrathe of the Lord thy God be kindeled against thee, and destroy
thee from the face of the earth.

16 ¶ Ye shal not tempt the Lord your God, as ye did tempt him in
Massah:

17 *But* ye shal kepe diligently the commandements of the Lord
your God, and his testimonies, and his ordinances which he hathe
commanded thee,

18 And thou shalt do that which is right and good in the sight of
the Lord: that thou maiest prosper, and that thou maiest go in, and
possesse that good land which the Lord sware vnto thy fathers,

19 To cast out all thine enemies before thee, as the Lord hathe
said.

20 When thy sonne shal aske thee in time to come, saying, What
meane these testimonies, and ordinances, and lawes, which the
Lord our God hath commanded you?

21 Then shalt thou say vnto thy sonne, We were Pharaohs
bondmen in Egypt: but the Lord broght vs out of Egypt with a
mighty hand.

22 And the Lord shewed signes and wonders great & euil vpon
Egypt, vpon Pharaoh, and vpon all his housholde, before our eyes,

23 And broght vs out from thence, to bring vs in, and to giue vs
the land which he sware vnto our fathers.

24 Therefore the Lord hath commanded vs, to do all these ordinances, & to feare the Lord our God, that it may go euer wel with vs, & that he may preserue vs a liue as at this present.

25 Moreouer, this shal be our righteousnes before the Lord our God, if we take hede to keepe all these commandements, as he hath commanded vs.

Morning Prayer: 2nd Lesson: Luke 8

CHAP. VIII.

ANd it came to passe afterwarde, that he him self went through euerie citie and towne, preaching, and publishing the kingdome of God, & the twelue *were* with him,

2 And certeine women, which were healed of euil spirits, and infirmities, *as* Marie which was called Magdalene, out of whome went seuen deuils,

3 And Ioanna the wife of Chuza Herodes stewarde, & Susanna, & manie other which ministred vnto him of their substance.

4 Now when mucche people were gathered together, and were come to him out of all cities, he spake by a parable.

5 A sower went out to sowe his seed, and as he sowed, some fel by the way side, and it was troden vnder fete, and the foules of heauen deuoured it vp.

6 And some fel on the stones, and when it was sprong vp, it withered away, because it lacked moistnes.

7 And some fel among thornes, and the thornes sprang vp with it, and choked it.

8 And some fel on good grounde, and sprang vp, and bare frute, an hundreth folde. And as he said these things, he cryed, He that hath eares to heare, let him heare.

9 Then his disciples asked him, demanding, what parable that was.

10 And he said, Vnto you it is giuen to know the secrets of the kingdome of God, but to other in parables, that when they se, they shulde not se, and when they heare, they shulde not vnderstand.

11 The parable is this, The sede is the worde of God.

12 And thei that are beside the way, are thei that heare: afterwarde commeth the deuil, and taketh away the worde out of their hearts, lest they shulde beleue, & be saued?

13 But they that are on the stones, *are they* which when they haue heard, receiue the worde with ioye: but they haue no rootes: which for a while beleue, but in the time of tentation go away.

14 And that which fel among thornes, are they which haue heard, and after their departure are choked with cares and with riches, and voluptuous liuing, and bring forthe no frute.

15 But that *which fel* in good ground, are they which with an honest & good heart heare the worde, and kepe it, & bring forthe frute with pacience.

16 No man when he lighteth a candel, couereth it vnder a vessell, nether putteth it vnder the table, but setteth it on a candlesticke, that they that entre in, may se the light.

17 For nothing is secret, that shal not be eident: nether any thing hid, that shal not be knowen, and come to light.

18 Take hede therefore how ye heare: for whosoeuer hathe, to him shalbe giuen: and whosoeuer hathe not, from him shalbe taken euen that, which it semeth that he hathe.

19 ¶ Then came to him his mother & his brethren, and colde not come nere to him for the preasse.

20 And it was tolde him *by certeine* which said, Thy mother and thy brethren stand without, and wolde se thee.

21 But he answered, & said vnto them, My mother, and my brethren are these which heare the worde of God, and do it.

22 ¶ And it came to passe on a certeine day, that he went into a ship with his disciples, and he said vnto them, Let vs go ouer vnto the other side of the lake. And they lunched forthe.

23 And as they sailed, he fel a slepe, & there came downe a storme of winde on the lake, and they were filled with water, and were in ieopardie.

24 Then they went to him, and awoke him, saying, Master, master, we perish. And he arose, and rebuked the winde, & the waues of water: & they ceased, and it was calme.

25 Then he said vnto them, Where is your faith! and they feared, & wondered among them selues, saying, Who is this that commandeth bothe the windes and water, and they obey him!

26 ¶ So they sailed vnto the region of the Gadarenes, which is ouer against Galile.

27 And as he went out to land, there met him a certeine man out of the citie, which had a deuil long time, and he ware no clothes, nether abode in house, but in the graues.

28 And when he sawe Iesus, he cryed out and fel downe before him, & with a loude voyce sayd, What haue I to do with thee, Iesus the Sonne of God, the most high? I besech thee torment me not.

29 For he commanded the foule spirit to come out of the man: (for oft times he had caught him: therefore he was bound with chaines, and kept in fetters: but he brake the bandes, and was caryed of the deuil into wildernesses.)

30 Then Iesus asked him, saying, What is thy name? And he sayd, Legion, because many deuils were entred into him.

31 And they besoght him, that he wolde not command them to go out into the diepe.

32 And there was there by, an herd of many swine, feeding on an hill: and the *deuils* besoght him, that he wolde suffre them to entre into them. So he suffred them.

33 Then went the deuils out of the man, and entred into the swine: and the herd was caryed with violence from a stepe downe place into the lake, and was choked.

34 When the herdmen sawe what was done, they fled: and when they were departed, they tolde it in the citie and in the countrey.

35 Then they came out to se what was done, and came to Iesus, & founde the man, out of whome the deuils were departed, sitting at the fete of Iesus, clothed, & in his right minde: and they were afraid.

36 They also which sawe it, tolde them by what meanes he that was possessed with the deuil, was healed.

37 Then the whole multitude of the countrey about the Gadarenes, besoght him that he wolde departe from them: for they were taken with a great feare: and he went into the ship, and returned.

38 Then the man, out of whome the deuils were departed, besoght him that he might be with him: but Iesus sent him away, saying,

39 Returne into thine owne house, and shewe what great things God hath done to thee. So he went his way, and preached throughout all the citie, what great things Iesus had done vnto him.

40 ¶ And it came to passe when Iesus was come againe, that the people receiued him: for they all waited for him.

41 ¶ And beholde, there came a man named Iairus, and he was the ruler of the Synagogue, who fel downe at Iesus fete, and besoght him that he wolde come into his house.

42 For he had but a daughter onely, about twelue yeres of age, & she laye a dying (& as he went, the people thronged him.

43 And a woman hauing an yssue of blood, twelue yeres long, which had spent all her substance vpon physicions, and colde not be healed of any:

44 When she came behinde *him*, she touched the hem of his garment, and immediatly her yssue of blood stanchd.

45 Then Iesus said, Who is it that hathe touched me? When euerie man denyed, Peter said & thei that were with him, Master, the multitude thrust thee, & tread on thee, and sayest thou, Who hathe touched me?

46 And Iesus said, Some one hathe touched me: for I perceiue that vertue is gone out of me.

47 When the woman sawe that she was not hid, she came trembling, & fel downe before him, & tolde him before all the people, for what cause she had touched him, and how she was healed immediatly.

48 And he said vnto her, Daughter, be of good comfort: thy faith hathe made thee whole: go in peace.)

49 While he yet spake, there came one from the ruler of the Synagogues house, which said to him, Thy daughter is dead: disease not the Master.

50 When Iesus heard it, he answered him, saying, Feare not: beleue onely, & she shal be made whole.

51 And when he went into the house, he suffred no man to go in with him, saue Peter, and Iames, and Iohn, and the father & mother of the maide.

52 And all wept, and sorowed for her: but he said, Wepe not: for she is not dead, but slepeth.

53 And they laught him to skorne, knowing that she was dead.

54 So he thrust them all out, and toke her by the hand, and cryed, saying, Maid, arise.

55 And her spirit came againe, and she rose straight way: and he comanded to giue her meat.

56 Then her parents were astonied: but he commanded them that they shulde tell no man what was done.

Evening Prayer: Psalm 119.145-176

K O P H.

145 I haue cryed with *my* whole heart: heare me, ô Lord, & I wil kepe thy statutes.

146 I called vpon thee: saue mee, and I wil kepe thy testimonies.

147 I preuented the morning light, & cryed: for I waited on thy worde.

148 Mine eyes preuent the *night* watches to meditate in thy worde.

149 Heare my voice according to thy louing kindenes: ô Lord, quicken me according to thy iudgement.

150 They drawe nere, that followe after malice, *and* are farre from thy Law.

151 Thou art neere, ô Lord: for all thy commandements *are* true.

152 I haue knowen long since by thy testimonies, that thou hast established them for euer.

R E S H.

153 Beholde mine affliction, and deliuer me: for I haue not forgotten thy Law.

154 Pleade my cause, and deliuer me: quicken me according vnto thy word.

155 Saluacion *is* farre from the wicked, because they seke not thy statutes.

156 Great are thy tender mercies, ô Lord: quicken me according to thy iudgements.

157 My persecutours and mine oppressours *are* manie: *yet* do I not swarue from thy testimonies.

158 I sawe the transgressours & was griued, because they kept not thy worde.

159 Consider, ô Lorde, how I loue thy precepts: quicken me according to thy louing kindenes.

160 The beginning of thy worde is trueth, and all the iudgements of thy righteousnes *endure* for euer.

S C H I N.

161 Princes haue persecuted mee without cause, but mine heart stode in awe of thy wordes.

162 I reioyce at thy worde, as one that findeth a great spoile.

163 I hate falshode and abhorre it, *but* thy Lawe do I loue.

164 Seuen times a daie doe I praise thee, because of thy righteous iudgements.

165 They, that loue thy Law, shal haue great prosperitie, and they shal haue none hurt.

166 Lord, I haue trusted in thy saluacion, and haue done thy commandements.

167 My soule hathe kept thy testimonies: for I loue them excedingly.

168 I haue kept thy precepts and thy testimonies: for all my waies are before thee.

T A V.

169 Let my complaint come before thee, ô Lord, *and* giue me vnderstanding, according vnto thy worde.

170 Let my supplication come before thee, *and* deliuer me according to thy promes.

171 My lippes shal speake praise, when thou hast taught me thy statutes.

172 My tongue shal intreate of thy worde: for all thy
commandements *are* righteous.

173 Let thine hand helpe me: for I haue chosen thy precepts.

174 I haue longed for thy saluacion, ô Lord, and thy Law *is* my
delite.

175 Let my soule liue, & it shal praise thee, and thy iudgements
shal helpe me.

176 I haue gone astraye like a lost shepe: seke thy seruant, for I
doe not forget thy commandements.

Evening Prayer: 1st Lesson: Deuteronomy 7

C H A P. V I I.

WHen the Lorde thy God shal bring thee into the land
whither thou goest to possesse it, & shal roote out manie
nacions before thee: the Hittites, and the Girgashites, & the
Amorites, & the Canaanites, & the Perizzites, & the Hiuites, and
the Iebusites, seuen nacions greater and mightier then thou,

2 And the Lord thy God shal giue them before thee, then thou
shalt smite them: thou shalt vtterly destroy them: thou shalt make
no couenant with them, nor haue compassion on them,

3 Nether shalt thou make mariages with them, nether giue thy
daughter vnto his sonne nor take his daughter vnto thy sonne.

4 For they wil cause thy sonne to turne away from me, & to serue
other gods: then wil the wrath of the Lord waxe hote against you
and destroy thee sodenly.

5 But thus ye shal deale with them, Ye shal ouerthrowe their
altars, and breake downe their pillers, and ye shal cut downe their
groues, & burne their grauen images with fire.

6 For thou art an holy people vnto the Lord thy God, the Lord thy God hath chosen thee, to be a precious people vnto him selfe, aboute all people that are vpon the earth.

7 The Lord did not set his loue vpon you, nor chose you, because ye were mo in number then anie people: for ye were the fewest of all people:

8 But because the Lord loued you, & because he wolde kepe the othe which he had sworne vnto your fathers, the Lord hathe brought you out by a mighty hand, and deliuered you out of the house of bondage from the hand of Pharaoh King of Egypt,

9 That thou maiest knowe, that the Lord thy God, he is God, the faithful God which kepeth couenant and mercie vnto them that loue him and kepe his commandements, *euen* to a thousand generacions,

10 And rewardeth them to their face that hate him, to bring them to destruction: he wil not deferre to rewarde him that hateth him, to his face.

11 Kepe thou therefore the commandements, and the ordinances, and the lawes, which I commande thee this day to do them.

12 ¶ For if ye hearken vnto these lawes, and obserue and do them, then the Lord thy God shal kepe with thee the couenant, & the mercy which he sware vnto thy fathers.

13 And he wil loue thee, and blesse thee, & multiplie thee: he wil also blesse the frute of thy wombe, and the frute of thy land, thy corne and thy wine, and thine oyle & the increase of thy kine, and the flockes of thy shepe in the land, which he sware vnto thy fathers to giue thee.

14 Thou shalt be blessed aboute all people: there shalbe neither male nor female baren among you, nor among your cattel.

15 Moreouer, the Lord wil take away from thee all infirmities, and wil put none of the euil diseases of Egypt (which thou knowest) vpon thee, but wil send them vpon all that hate thee.

16 Thou shalt therefore consume all people which the Lord thy God shal giue thee: thine eie shall not spare them, nether shalt thou serue their gods, for that shalbe thy destruction.

17 If thou say in thine heart, These nacions are mo then I, how can I cast them out?

18 Thou shalt not feare them, *but* remember what the Lord thy God did vnto Pharaoh, and vnto all Egypt:

19 The great tentacions which thine eyes sawe, and the signes and wonders, and the mightie hand & stretched out arme, whereby the Lord thy God broght thee out: so shal the Lord thy God do vnto all the people, whose face thou fearest.

20 Moreouer, the Lord thy God wil send hornettes among them vntil they that are left, and hide them selues from thee, be destroyed.

21 Thou shalt not feare them: for the Lord thy God *is* among you, a God mighty & dreadful.

22 And the Lord thy God wil roote out these nacions before thee by litle & litle: thou maist not consume them at once, lest the beastes of the field increase vpon thee.

23 But the Lord thy God shal giue them before thee, and shal destroy them with a mighty destruction, vntil they be broght to noight.

24 And he shal deliuer their Kings into thine hand, and thou shalt destroy their name from vnder heauen: there shal no man be able to stand before thee, vntil thou hast destroyed them.

25 The grauen images of their gods shal ye burne with fire, *and* couet not the siluer and golde, *that is* on them, nor take it vnto

thee, lest thou be snared therewith: for it is an abomination *before* the Lord thy God.

26 Bring not therefore abomination into thine house, lest thou be accursed like it, *but* vtterly abhorre it, and counte it moste abominable: for it is accursed.

Evening Prayer: 2nd Lesson: Ephesians 2

C H A P. II.

ANd you *hathe he quickened*, that were dead in trespasses and sinnes,

2 Wherein, in time past ye walked, according to the course of this worlde, & after the prince that ruleth in the aire, *euen* the spirit, that now worketh in the children of disobedience,

3 Among whome we also had our conuersation in time past, in the lustes of our flesh, in fulfilling the wil of the flesh, & of the minde, and were by nature the children of wrath, as wel as others.

4 But God which is rich in mercie, through his great loue wherewith he loued vs,

5 Euen when we were dead by sinnes, *hathe quickened vs* together in Christ, *by whose* grace ye are saued,

6 And hath rayed vs vp together, and made vs sit together in the heauenly places in Christ Iesus,

7 That he might shewe in the ages to come the exceeding riches of his grace, through his kindnesse toward vs in Christ Iesus.

8 For by grace are ye saued through faith, and that not of your selues: it is the gift of God,

9 Not of workes, lest any man shulde boaste him self.

10 For we are his workemanship created in Christ Iesus vnto good workes, which God hath ordeined, that we shulde walke in them.

11 Wherefore remember that ye being in time past Gentiles in the flesh, & called vncircumcision of them, which are called circumcision in the flesh, made with hands,

12 That ye were, *I say*, at that time without Christ, & were aliantes from the commune wealthe of Israel, & were strangers from the couenants of promes, & had no hope, & *were* without God in the worlde.

13 But now in Christ Iesus, ye which once were farre off, are made nere by the blood of Christ.

14 For he is our peace, which hath made of bothe one, & hath broken the stoppe of the particion wall,

15 In abrogating through his flesh the hatred, *that is*, the Law of commandements *which standeth* in ordinances, for to make of twaine one newe man in him self, *so* making peace,

16 And that he might reconcile bothe vnto God in one bodie by *his crosse*, & slaye hatred thereby,

17 And came, and preached peace to you which were a farre of, & to them that were nere.

18 For through him we bothe haue an entrance vnto the Father by one Spirit.

19 Now therefore ye are no more strangers & foreners: but citizens with the Saintes, and of the housholde of God,

20 And are buylt vpon the foundation of the Apostles and Prophetes, Iesus Christ him self being the chiefe corner stone,

21 In whome all the buylding coupled together, groweth vnto an holie Temple in the Lord,

22 In whome ye also are buylt together to be the habitation of God by the Spirit.